



MINUTES

September 26, 2024

Regular Meeting of the Board of Directors

Camarillo Health Care District
3615 E. Las Posas Rd. Camarillo, CA 93010
Sequoia Rooms

Board of Directors - Present

Neal Dixon, MD, Vice President
Paula Feinberg, Clerk of the Board
Christopher Loh, MD, Director
Lydia Dixon, PhD, Director

Staff - Present

Kara Ralston, Chief Executive Officer
Sonia Amezcua, Chief Administrative Officer
Blair Barker, Program Officer
Brandie Thomas, Clerk to the Board

Participants

Aleks Giragosian, Esq., *Colantuono Highsmith
Whatley, PC*

Participants

Shalene Hayman, *Hayman Consulting*

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1. **Call to Order and Roll Call** - The Regular Meeting of the Camarillo Health Care District Board of Directors was called to order on Thursday, September 26, 2024, at 11:30 a.m., by Neal Dixon, Vice President.
 2. **Pledge of Allegiance** – Director L. Dixon
 3. **Presentation** – Mayor Tony Trembley presented the Healthy Camarillo Initiative. The primary goal is improving overall well-being and quality of life for area residents through collaborative efforts of the City of Camarillo, Camarillo Health Care District, and Pleasant Valley Recreation and Park District.
 4. **Amendments to the Agenda** - None
 5. **Public Comment** – None
 6. **Consent Agenda**

It was **MOVED** by Director Loh, **SECONDED** by Director Feinberg, and **MOTION PASSED** that the Board of Directors approve the Consent Agenda as presented.

ROLL CALL VOTE: Ayes: N. Dixon, Feinberg, Loh, L. Dixon Nays: Absent: Doria

7. **Action Items**

9-A. **Review/ Discussion /Action:** Consideration of approval of Healthy Camarillo Initiative MOU.

It was **MOVED** by Director N. Dixon, **SECONDED** by Director L. Dixon, and **MOTION PASSED** that the Board of Directors adopt and sign the Health Camarillo Initiative MOU with CEO, Kara Ralston, as Authorized Signature/Designee.

ROLL CALL VOTE: Ayes: N. Dixon, Feinberg, Loh, L. Dixon Nays: Absent: Doria

9-B. **Review/ Discussion /Action:** Consideration, discussion, and approval of the Disclosure of Reimbursement Report for fiscal year 2023/2024, District Policy 1120.

It was **MOVED** by Director Loh, **SECONDED** by Director L. Dixon, and **MOTION PASSED** that the Board of Directors approve Disclosure of Reimbursement Report for fiscal year 2023/2024, District Policy 1120.

ROLL CALL VOTE: Ayes: N. Dixon, Feinberg, Loh, L. Dixon Nays: Absent: Doria

9-C. **Review/ Discussion /Action:** Consideration, discussion, and approval of District Resolution 24-09, Adopting the 2025 Regular Board Meeting Calendar.

It was **MOVED** by Director Feinberg, **SECONDED** by Director Loh, and **MOTION PASSED** that the Board of Directors approve District Resolution 24-09, Adopting the 2025 Regular Board Meeting Calendar.

ROLL CALL VOTE: Ayes: N. Dixon, Feinberg, Loh, L. Dixon Nays: Absent: Doria

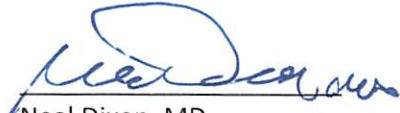
8. **Emerging Opportunities**

- No ideas submitted for discussion.

9. **Reports**

- **Board President Comments** – No comments.
- **Program & Opportunity Committee** – No report.
- **Healthy Camarillo Committee** – Meetings will be scheduled with further development of the Healthy Camarillo Initiative.
- **Board Member Comments** – No comments.
- **CEO Report**
 - The BALANCEfit and POWERfit services of the Fall Prevention Program have received the Innovative Program of the Year award from California Special Districts Association (CSDA). This is the second consecutive year winning the award in this category, and the 4th time in the last nine years.
 - The Tovertafel (“magic table” in Dutch) is the District’s latest innovation tool offered in the Adult Day Center. Designed for participants with cognitive and intellectual challenges, the interactive gaming system engages participants in “purposeful play”.
 - The District has received confirmation of a \$51,000 grant through the Ventura County Nutrition Infrastructure Grant to replace a senior nutrition refrigerator and to purchase a meal delivery vehicle.
 - Members of staff and Board of Directors attended the 2024 State of the City of Camarillo address with Mayor Tony Trembley presiding.

10. Having no further business this meeting was adjourned at 12:45 p.m.



Neal Dixon, MD
Vice President