



**REGULAR BOARD MEETING**

**OCTOBER 24, 2024 - 11:30 AM**

**CAMARILLO HEALTH CARE DISTRICT  
3615 E LAS POSAS ROAD, SEQUOIA ROOMS  
CAMARILLO, CA 93010**





## **2024 Board Meeting Calendar**

January 25, 2024, 11:30 a.m.

February 22, 2024, 11:30 a.m.

March 28, 2024, 11:30 a.m.

April 25, 2024, 11:30 a.m.

May 23, 2024, 11:30 a.m.

June 6, 2024, 11:30 a.m. (Budget)

June 27, 2024, 11:30 a.m. (Optional)

July - Dark

August 22, 2024, 11:30 a.m.

September 26, 2024, 11:30 a.m.

October 24, 2024, 11:30 a.m.

November 21, 2024, 8:30 a.m.  
(Annual Board Leadership and Education)

December - Dark



**Camarillo Health Care District  
Procedures for Communication With  
The Board of Directors**

Meetings with the Board of Directors are conducted for the purpose of accomplishing District business. As a matter of District policy and state law, meetings shall ordinarily be held in public. Pursuant to state law, the Board of Directors may conduct closed meeting sessions to discuss certain matters which are confidential.

Community involvement in the District is an essential element of an effective health care district.

Communications with the Board of Directors as a unit may be either in writing or by personal appearance at a meeting of the Board.

**Written Communication** – In order that the subject of the communication may be placed on the agenda, it must be requested in correspondence to the Board. Written communication addressed to the Board of Directors should reach the Administration office of the District no later than ten (10) business days prior to the date of the meeting at which the matter concerned is to be discussed.

**Oral Presentations by Members of the Public to the Board of Directors and Requests by the Public to Place a Matter Directly Related to District Business on a Board Agenda** – When an individual or group expects to communicate with the Board of Directors by means of personal appearance at a meeting of the Board or requests that a matter relating to District business be added to the Board’s agenda, the District’s Chief Executive Officer must be notified no later than ten (10) days before the Board meeting at which the matter concerned is to be discussed by the Board and those submitting the request.

Individuals wishing to comment on an agenda item when an item appears on the agenda for discussion or at the designated time for Public Comments, during the Board meeting, shall complete a Speakers Card and submit it to the Clerk of the Board.

It is desirable that when a statement presented to the Board is extensive or is formally requesting consideration of specific items the statement should be written and a copy filed with the Board of Directors.

Public comments at Board Meetings – The Board may receive comments or testimony at regularly scheduled meetings on matters **not on the agenda** which any member of the public may wish to bring before the Board, provided that no action is taken by the Board on such matters at the same meeting at which such testimony is taken.

**In addressing the Board, the following rules of courtesy will be observed:**

- **All remarks will be addressed to the President of the Board.**
- **Individuals will speak on a specific item of concern.**
- **Three (3) minutes will be allowed individuals, or in the case of a group of people speaking on a specific item, ten (10) minutes will be permitted for the presentation.**
- **Members of the Board of Directors reserve the right to waive time limitations.**

In the event that any meeting is willfully interrupted by a group or groups of persons so as to render the orderly conduct of such meeting unfeasible and order cannot be restored by the removal of individuals who are willfully interrupting the meeting, the members of the Board of Directors conducting the meeting may order the meeting room cleared and continue in session. Only matters appearing on the agenda may be considered in such a session. Duly accredited representatives of the press or other news media, except those participating in the disturbance, shall be allowed to attend any session held pursuant to this section.

The Board may discuss and take action on any agenda item properly submitted by a member of the public and published in an agenda. The Board President reserves the right to limit discussion and/or defer further deliberations on an agenda topic to a subsequent meeting if additional information is needed to render a decision or appropriate action. Matters involving legal procedure will be referred to Administration for study or further referral.



## AGENDA

### Regular Meeting of the Board of Directors

**October 24, 2024 – 11:30 a.m.**

Camarillo Health Care District  
3615 E Las Posas Road, Camarillo, CA 93010  
Sequoia Rooms

#### Board of Directors

Thomas Doria, MD, President  
Neal Dixon, MD, Vice President  
Paula Feinberg, Clerk of the Board  
Christopher Loh, MD, Director  
Lydia Dixon, PhD, Director

#### Staff

Kara Ralston, Chief Executive Officer  
Sonia Amezcua, Chief Administrative Officer  
Blair Barker, Program Officer  
Brandie Thomas, Clerk to the Board

#### Senior Counsel

Aleks Giragosian, Esq., *Colantuono Highsmith  
Whatley, PC*

#### Participants

Rick Wood, *CSDA Financial Services*  
Shalene Hayman, *Hayman Consulting*

1. **CALL TO ORDER**

2. **ROLL CALL**

3. **PLEDGE OF ALLEGIANCE** – Director Doria

4. **AMENDMENT(S) TO THE POSTED AGENDA: *Motion to approve*** Agenda as amended.

Motion \_\_\_\_\_ Second \_\_\_\_\_ Pass \_\_\_\_\_ Fail \_\_\_\_\_

Doria \_\_\_\_\_ N. Dixon \_\_\_\_\_ Feinberg \_\_\_\_\_ Loh \_\_\_\_\_ L. Dixon \_\_\_\_\_

5. **PUBLIC COMMENT – Ca. GC Section 54954.3**

The Board reserves this time to hear from the public. Speakers are requested to complete a Speaker Card and submit to the Clerk to the Board. Your name will be called in order of the agenda item, or in order of received general topic Speaker Cards. Comments regarding items not on the agenda can be heard only; items on the agenda can be discussed. Three minutes per speaker are available; multiple speakers on the same topic/agenda item will be limited to 20 minutes total.

6. **CONSENT AGENDA**

Consent Agenda items are considered routine and are acted upon without discussion, with one motion. If discussion is requested, that item(s) will be removed from the Consent Agenda for discussion and voted on as a separate item. If no discussion is requested, the Board President may request a motion to approve as presented.

**A. Meeting Minutes**

Recommendation: Approval of Regular Board Meeting of September 26, 2024. **(Section 6-A)**

**B. Financial Reports**

Recommendation: Approval of financial reports for period ending September 30, 2024. **(Section 6-B)**

**Motion to approve** Consent Agenda as presented.

Motion \_\_\_\_\_ Second \_\_\_\_\_ Pass \_\_\_\_\_ Fail \_\_\_\_\_

Doria \_\_\_\_\_ N. Dixon \_\_\_\_\_ Feinberg \_\_\_\_\_ Loh \_\_\_\_\_ L. Dixon \_\_\_\_\_

7. **DISCUSSION AND ACTION OF CONSENT AGENDA ITEMS PULLED, IF NECESSARY**

**AGENDA ITEMS-ACTION**

8. **A. Review/ Discussion /Action** – Consideration, discussion, and recommendation for approval of District Resolution 24-10, Recognizing November 2024 as National Family Caregivers Month. **(Section 8-A)**

**Motion to approve** District Resolution 24-10, Recognizing November 2024 as National Family Caregivers Month.

Motion \_\_\_\_\_ Second \_\_\_\_\_ Pass \_\_\_\_\_ Fail \_\_\_\_\_

Doria \_\_\_\_\_ N. Dixon \_\_\_\_\_ Feinberg \_\_\_\_\_ Loh \_\_\_\_\_ L. Dixon \_\_\_\_\_

- B. Review/ Discussion /Action** - Consideration, discussion, and approval of Director Lydia Dixon’s February through April absence as she is scheduled to be out of the country on a Fulbright Scholar Award; per District Bylaws, Section 7, Attendance at Meetings. **(Section 8-B)**

**Motion to approve** The excused absences of Board of Director, Lydia Dixon, from the February, March and April 2025 Board of Director meetings.

Motion \_\_\_\_\_ Second \_\_\_\_\_ Pass \_\_\_\_\_ Fail \_\_\_\_\_

Doria \_\_\_\_\_ N. Dixon \_\_\_\_\_ Feinberg \_\_\_\_\_ Loh \_\_\_\_\_ L. Dixon \_\_\_\_\_



## AGENDA ITEMS-DISCUSSION

### 9. **EMERGING OPPORTUNITIES**

- Discussion and consideration of emerging initiatives based on community need

### 10. **REPORTS**

- Board President Comments
- Board Committee Report(s)
  - Finance/Investment Committee
  - Program & Emerging Opportunities Committee
  - Healthy Camarillo Committee
- Board Member Comments
- Chief Executive Officer Report

### 11. **FUTURE MEETING AND EVENTS**

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#### BOARD OF DIRECTORS MEETINGS

|   |                                |
|---|--------------------------------|
| Executive Committee: <b>Doria/Dixon</b> | November 12, 2024 – 12:30 p.m. |
| Regular Full Board                      | November 21, 2024 – 8:30 a.m.  |
| Regular Full Board                      | <b>December - DARK</b>         |
| Executive Committee: <b>Doria/Dixon</b> | January 13, 2025 – 12:30 p.m.  |
| Finance Committee: <b>Loh/Feinberg</b>  | January 23, 2025 – 10:00 a.m.  |
| Regular Full Board                      | January 23, 2025 – 11:30 a.m.  |

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12. **ADJOURNMENT** - This meeting of the Camarillo Health Care District Board of Directors is adjourned at \_\_\_\_\_p.m.

**ACTION ITEMS** not appearing on the agenda may be addressed on an emergency basis by a majority vote of the Board of Directors when a need for action arises.

**ADA compliance statement:** In compliance with the Americans with Disabilities Act, if you need special assistance to participate in this meeting, please contact the Clerk to the Board of Directors, Brandie Thomas, at (805) 482-9382. Notification 48 hours prior to the meeting will enable the District to make reasonable arrangements to ensure accessibility to this meeting.

**Note:** This agenda was posted on [www.camhealth.com](http://www.camhealth.com) and the Camarillo Health Care District Administration Office, on or before, October 21, 2024, at 11:30 a.m.



**SECTION 6**

**CONSENT AGENDA 6-A**

**REGULAR MEETING MINUTES  
OF SEPTEMBER 26, 2024**





## MINUTES

September 26, 2024

### Regular Meeting of the Board of Directors

Camarillo Health Care District  
3615 E. Las Posas Rd. Camarillo, CA 93010  
Sequoia Rooms

#### **Board of Directors - Present**

Neal Dixon, MD, Vice President  
Paula Feinberg, Clerk of the Board  
Christopher Loh, MD, Director  
Lydia Dixon, PhD, Director

#### **Staff - Present**

Kara Ralston, Chief Executive Officer  
Sonia Amezcua, Chief Administrative Officer  
Blair Barker, Program Officer  
Brandie Thomas, Clerk to the Board

#### **Participants**

Aleks Giragosian, Esq., *Colantuono Highsmith  
Whatley, PC*

#### **Participants**

Shalene Hayman, *Hayman Consulting*

1. **Call to Order and Roll Call** - The Regular Meeting of the Camarillo Health Care District Board of Directors was called to order on Thursday, September 26, 2024, at 11:30 a.m., by Neal Dixon, Vice President.
2. **Pledge of Allegiance** – Director L. Dixon
3. **Presentation** – Mayor Tony Trembley presented the Healthy Camarillo Initiative. The primary goal is improving overall well-being and quality of life for area residents through collaborative efforts of the City of Camarillo, Camarillo Health Care District, and Pleasant Valley Recreation and Park District.
4. **Amendments to the Agenda** - None
5. **Public Comment** – None
6. **Consent Agenda**

It was **MOVED** by Director Loh, **SECONDED** by Director Feinberg, and **MOTION PASSED** that the Board of Directors approve the Consent Agenda as presented.

**ROLL CALL VOTE:** **Ayes:** N. Dixon, Feinberg, Loh, L. Dixon **Nays:** **Absent:** Doria

7. **Action Items**

**9-A. Review/ Discussion /Action:** Consideration of approval of Healthy Camarillo Initiative MOU.

It was **MOVED** by Director N. Dixon, **SECONDED** by Director L. Dixon, and **MOTION PASSED** that the Board of Directors adopt and sign the Health Camarillo Initiative MOU with CEO, Kara Ralston, as Authorized Signature/Designee.

**ROLL CALL VOTE: Ayes:** N. Dixon, Feinberg, Loh, L. Dixon **Nays:** **Absent:** Doria

**9-B. Review/ Discussion /Action:** Consideration, discussion, and approval of the Disclosure of Reimbursement Report for fiscal year 2023/2024, District Policy 1120.

It was **MOVED** by Director Loh, **SECONDED** by Director L. Dixon, and **MOTION PASSED** that the Board of Directors approve Disclosure of Reimbursement Report for fiscal year 2023/2024, District Policy 1120.

**ROLL CALL VOTE: Ayes:** N. Dixon, Feinberg, Loh, L. Dixon **Nays:** **Absent:** Doria

**9-C. Review/ Discussion /Action:** Consideration, discussion, and approval of District Resolution 24-09, Adopting the 2025 Regular Board Meeting Calendar.

It was **MOVED** by Director Feinberg, **SECONDED** by Director Loh, and **MOTION PASSED** that the Board of Directors approve District Resolution 24-09, Adopting the 2025 Regular Board Meeting Calendar.

**ROLL CALL VOTE: Ayes:** N. Dixon, Feinberg, Loh, L. Dixon **Nays:** **Absent:** Doria

8. **Emerging Opportunities**

- No ideas submitted for discussion.

9. **Reports**

- **Board President Comments** – No comments.
- **Program & Opportunity Committee** – No report.
- **Healthy Camarillo Committee** – Meetings will be scheduled with further development of the Healthy Camarillo Initiative.
- **Board Member Comments** – No comments.
- **CEO Report**
  - The BALANCEfit and POWERfit services of the Fall Prevention Program have received the Innovative Program of the Year award from California Special Districts Association (CSDA). This is the second consecutive year winning the award in this category, and the 4<sup>th</sup> time in the last nine years.
  - The Tovertafel (“magic table” in Dutch) is the District’s latest innovation tool offered in the Adult Day Center. Designed for participants with cognitive and intellectual challenges, the interactive gaming system engages participants in “purposeful play”.
  - The District has received confirmation of a \$51,000 grant through the Ventura County Nutrition Infrastructure Grant to replace a senior nutrition refrigerator and to purchase a meal delivery vehicle.
  - Members of staff and Board of Directors attended the 2024 State of the City of Camarillo address with Mayor Tony Trembley presiding.

**10.** Having no further business this meeting was adjourned at 12:45 p.m.

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Neal Dixon, MD  
Vice President





**SECTION 6**

**CONSENT AGENDA 6-B**

**DISTRICT FINANCIAL REPORTS**  
**FOR PERIOD ENDING SEPTEMBER 30, 2024**



# Camarillo Health Care District

## Check Register (Checks and EFTs of All Types)

Sorted by Alphabetically  
(Report period: September 1, 2024 to September 30, 2024)

2-Oct-24  
9:27 AM

| Check Number                          | Date      | EFT #/<br>Vendor | Name                            | Net<br>Amount | Type                                | Timing  |
|---------------------------------------|-----------|------------------|---------------------------------|---------------|-------------------------------------|---------|
| Cash Account #1 [Five Star - General] |           |                  |                                 |               |                                     |         |
| 81137                                 | 9/25/2024 | ACCESS           | Access TLC Caregivers DBA       | 957.00        | V - VCAAA Grant                     | MO      |
| 81120                                 | 9/11/2024 | ACQUA            | Acqua Clear, Inc                | 790.54        | V - water service                   | MO      |
| 81138                                 | 9/25/2024 | AFLAC            | Aflac                           | 1,164.10      | V - benefits/ins                    | MO      |
| 81121                                 | 9/11/2024 | BAY ALARM        | Bay Alarm Company               | 444.45        | V - camera security                 | MO      |
| 81102                                 | 9/4/2024  | BETA WC          | Beta Healthcare Group           | 805.00        | V - benefits/ins                    | MO      |
| 81139                                 | 9/25/2024 | BETA             | Beta Healthcare Group           | 3,765.26      | V - auto ins policy for new vehicle |         |
| 81122                                 | 9/11/2024 | BYRD             | Byrd Locksmithing, Inc          | 82.90         | V - lock maint/repairs              |         |
| 81103                                 | 9/4/2024  | C1 ELECTRIC      | C1 Electric, Inc.               | 3,850.61      | V - electric repair bldg E          |         |
| 81133                                 | 9/18/2024 | CSDA             | CA Special Districts Assoc      | 1,533.48      | V - financial services              | MO      |
| 81143                                 | 9/25/2024 | KNOX             | Carrie Knox                     | 1,600.00      | V - Fall issue design work          | QTRLY   |
| 81104                                 | 9/4/2024  | CENTRAL          | Central Plaza Auto Service      | 644.87        | V - fleet maintenance               |         |
| 81118                                 | 9/4/2024  | CENTRAL          | Central Plaza Auto Service      | 655.06        | V - fleet maintenance               |         |
| 81123                                 | 9/11/2024 | COLANTUONO       | Colantuono, Highsmith, Whatley  | 2,653.00      | V - legal services                  | ONGOING |
| 81140                                 | 9/25/2024 | CONEJO AWARD     | Conejo Awards Corp              | 117.98        | V - badges/business cards           |         |
| 81141                                 | 9/25/2024 | DEPT SOCIAL      | Dept of Social Services         | 303.00        | V - ADC license renewal             | ANNL    |
| 81105                                 | 9/4/2024  | DOS CAMINOS      | Dos Caminos Plaza               | 6,072.00      | V - COA monthly dues                | MO      |
| 81106                                 | 9/4/2024  | F M PEARCE       | F M Pearce Co, Inc.             | 492.20        | V - AC unit maintenance             |         |
| 81107                                 | 9/4/2024  | FRONTIER         | Frontier Communications         | 249.47        | V - utilities                       | MO      |
| 81142                                 | 9/25/2024 | HABITAT          | Habitat for Humanity of Ventura | 231.04        | V - VCAAA Grant                     | MO      |
| 81108                                 | 9/4/2024  | HARTFORD         | Hartford Life                   | 1,117.08      | V - benefits/ins                    |         |
| 81124                                 | 9/11/2024 | HAYMAN           | Hayman Consulting dba           | 3,444.00      | V - comptroller financial services  | MO      |
| 81125                                 | 9/11/2024 | ITS              | Integrated Telemanagement Serv  | 1,244.91      | V - telephone services              | MO      |
| 81109                                 | 9/4/2024  | JTS              | JTS Facility Services           | 2,310.00      | V - janitorial vendor               | MO      |



# Camarillo Health Care District

## Check Register (Checks and EFTs of All Types)

2-Oct-24  
9:27 AM

Sorted by Check Number

(Report period: September 1, 2024 to September 30, 2024)

| Check Number                          | Date      | EFT #/<br>Vendor | Name                           | Net<br>Amount | Type                               | Timing  |
|---------------------------------------|-----------|------------------|--------------------------------|---------------|------------------------------------|---------|
| Cash Account #1 [Five Star - General] |           |                  |                                |               |                                    |         |
| 81102                                 | 9/4/2024  | BETA WC          | Beta Healthcare Group          | 805.00        | V - benefits/ins                   | MO      |
| 81103                                 | 9/4/2024  | C1 ELECTRIC      | C1 Electric, Inc.              | 3,850.61      | V - electric repair bldg E         |         |
| 81104                                 | 9/4/2024  | CENTRAL          | Central Plaza Auto Service     | 644.87        | V - fleet maintenance              |         |
| 81105                                 | 9/4/2024  | DOS CAMINOS      | Dos Caminos Plaza              | 6,072.00      | V - COA monthly dues               | MO      |
| 81106                                 | 9/4/2024  | F M PEARCE       | F M Pearce Co, Inc.            | 492.20        | V - AC unit maintenance            |         |
| 81107                                 | 9/4/2024  | FRONTIER         | Frontier Communications        | 249.47        | V - utilities                      | MO      |
| 81108                                 | 9/4/2024  | HARTFORD         | Hartford Life                  | 1,117.08      | V - benefits/ins                   |         |
| 81109                                 | 9/4/2024  | JTS              | JTS Facility Services          | 2,310.00      | V - janitorial vendor              | MO      |
| 81110                                 | 9/4/2024  | MERIPLEX/CPI     | Meriplex Solutions             | 5,174.53      | V - IT vendor                      | MO      |
| 81111                                 | 9/4/2024  | METLIFE          | MetLife Small Business         | 882.80        | V - benefits/ins                   | MO      |
| 81112                                 | 9/4/2024  | NICKS WINDOW     | Nicolas L. Benitz              | 300.00        | V - window cleaning services       | MO      |
| 81113                                 | 9/4/2024  | SAFEWAY          | Safeway Inc                    | 251.78        | V - ADC nutrition                  | MO      |
| 81114                                 | 9/4/2024  | SO CA GAS        | Southern California Gas        | 340.15        | V - utilities                      | MO      |
| 81115                                 | 9/4/2024  | STAPLES          | Staples Business Advantage     | 662.74        | V - office supplies                | MO      |
| 81116                                 | 9/4/2024  | VISION           | Vision Services Plan           | 231.16        | V - benefits/ins                   | MO      |
| 81117                                 | 9/4/2024  | XEROX            | Xerox Financial Services       | 2,016.30      | V - copier lease                   | MO      |
| 81118                                 | 9/4/2024  | CENTRAL          | Central Plaza Auto Service     | 655.06        | V - fleet maintenance              |         |
| 81119                                 | 9/5/2024  | LIEBERT          | Liebert Cassidy Whitmore       | 5,170.00      | V - HR consortium membership       | ANNL    |
| 81120                                 | 9/11/2024 | ACQUA            | Acqua Clear, Inc               | 790.54        | V - water service                  | MO      |
| 81121                                 | 9/11/2024 | BAY ALARM        | Bay Alarm Company              | 444.45        | V - camera security                | MO      |
| 81122                                 | 9/11/2024 | BYRD             | Byrd Locksmithing, Inc         | 82.90         | V - lock maint/repairs             |         |
| 81123                                 | 9/11/2024 | COLANTUONO       | Colantuono, Highsmith, Whatley | 2,653.00      | V - legal services                 | ONGOING |
| 81124                                 | 9/11/2024 | HAYMAN           | Hayman Consulting dba          | 3,444.00      | V - comptroller financial services | MO      |

|              |           |              |                                  |              |  |         |
|--------------|-----------|--------------|----------------------------------|--------------|--|---------|
| 81125        | 9/11/2024 | ITS          | Integrated Telemanagement Serv   | 1,244.91     | V - telephone services                   | MO      |
| 81126        | 9/11/2024 | LIEBERT      | Liebert Cassidy Whitmore         | 2,437.50     | V - legal services                       | ONGOING |
| 81127        | 9/11/2024 | MERIPLEX/CPI | Meriplex Solutions               | 400.00       | V - IT vendor                            | MO      |
| 81128        | 9/11/2024 | ROGERS       | Mikal P Rogers                   | 833.00       | V - instructor fees                      | MO      |
| 81129        | 9/11/2024 | SAFEWAY      | Safeway Inc                      | 373.72       | V - ADC nutrition                        | MO      |
| 81130        | 9/11/2024 | USPOSTMASTER | U.S. Postmaster                  | 9,571.16     | V - HA Fall mailing                      | QTRLY   |
| 81131        | 9/11/2024 | VALJC        | VALJC                            | 100.31       | V - benefits/retro                       |         |
| 81132        | 9/11/2024 | VALJC        | VALJC                            | 155.44       | V - benefits/retro                       |         |
| 81133        | 9/18/2024 | CSDA         | CA Special Districts Assoc       | 1,533.48     | V - financial services                   | MO      |
| 81134        | 9/18/2024 | PITNEYBOWES  | Pitney Bowes                     | 200.36       | V - postage lease                        | QTRLY   |
| 81135        | 9/18/2024 | UMPQUA       | Umpqua Bank                      | 6,193.96     | V - credit card                          | MO      |
| 81136        | 9/23/2024 | PERRY FORD   | Perry Ford                       | 35,608.83    | V - fleet; AAA SNP grant                 |         |
| 81137        | 9/25/2024 | ACCESS       | Access TLC Caregivers DBA        | 957.00       | V - VCAAA Grant                          | MO      |
| 81138        | 9/25/2024 | AFLAC        | Aflac                            | 1,164.10     | V - benefits/ins                         | MO      |
| 81139        | 9/25/2024 | BETA         | Beta Healthcare Group            | 3,765.26     | V - auto ins policy for new vehicle      |         |
| 81140        | 9/25/2024 | CONEJO AWARD | Conejo Awards Corp               | 117.98       | V - badges/business cards                |         |
| 81141        | 9/25/2024 | DEPT SOCIAL  | Dept of Social Services          | 303.00       | V - ADC license renewal                  | ANNL    |
| 81142        | 9/25/2024 | HABITAT      | Habitat for Humanity of Ventura  | 231.04       | V - VCAAA Grant                          | MO      |
| 81143        | 9/25/2024 | KNOX         | Carrie Knox                      | 1,600.00     | V - Fall issue design work               | QTRLY   |
| 81144        | 9/25/2024 | NICKS WINDOW | Nicolas L. Benitz                | 300.00       | V - window cleaning services             | MO      |
| 81145        | 9/25/2024 | RALSTON      | Kara Ralston                     | 23.86        | V - reimb conference exp                 | EE      |
| 81146        | 9/25/2024 | SAFEWAY      | Safeway Inc                      | 50.76        | V - ADC nutrition                        | MO      |
| 81147        | 9/25/2024 | VALJC        | VALJC                            | 1,490.77     | V - benefits/ins                         | MO      |
| 81148        | 9/25/2024 | VOGUE        | Vogue Sign, Inc.                 | 1,313.78     | V - inspection on exterior lights/signs  |         |
| 81149        | 9/30/2024 | TRI-COUNTY   | Tri-County Restaurant Supply, Ir | 7,957.95     | V - replaced refrigerator; AAA SNP grant |         |
| Report Total |           |              |                                  | \$116,568.81 |  |         |

| Legend of Payment Type |                   |
|------------------------|-------------------|
| BOD =                  | Board of Director |
| EE =                   | Employee          |
| V =                    | Vendor            |

Check Register Monthly Comparison

FY 2024/25

| Jul       | Aug      | Sep       | Oct | Nov | Dec | Jan | Feb | Mar | Apr | May | Jun       | Mo. Avg (varies through year as amts added) |
|-----------|----------|-----------|-----|-----|-----|-----|-----|-----|-----|-----|-----------|---|
| \$145,876 | \$94,486 | \$116,569 | \$0 | \$0 | \$0 | \$0 | \$0 | \$0 | \$0 | \$0 | \$0       | \$118,977                                   |
| YTD Total |          |           |     |     |     |     |     |     |     |     | \$356,930 | \$118,977                                   |

w/out transfer

Notes FY 24/25

- Jul '24 Progress pymt Auditor \$10,000
- Jul '24 ADC Tovertafel System \$13,030
- Aug '24 Arthur J. Gallagher Ins Policies \$41,172.82
- Aug '24 Tri County Furniture \$4,980.21
- Sept '24 Purchase new Ford Escape \$35,608.83 for SNP
- Sept '24 Tri County Furniture \$7,957.95

FY 2023/24

| Jul       | Aug      | Sep       | Oct         | Nov      | Dec      | Jan         | Feb      | Mar      | Apr       | May      | Jun         | Mo. Avg (varies through year as amts added) |
|-----------|----------|-----------|-------------|----------|----------|-------------|----------|----------|-----------|----------|-------------|---|
| \$169,824 | \$59,053 | \$123,545 | \$3,146,143 | \$96,299 | \$71,201 | \$2,222,982 | \$79,747 | \$69,296 | \$104,044 | \$81,193 | \$306,713   | \$117,474                                   |
| YTD Total |          |           |             |          |          |             |          |          |           |          | \$6,530,040 | \$117,474                                   |

w/out transfer

Notes FY 23/24:

- Aug '23 OARR Grant \$48k
- Sept '23 OARR Grant \$20k
- Nov '23 OARR Grant \$43k
- Jan '24 Progress pymt Auditor \$10,000
- Jan '24 Purchase new Ford Escape vehicle \$34,890.45
- Jan '24 Various Cabinets/Wall Panels/Tackboard \$5,031 (50% deposit)
- Feb '24 Repair on ADC grease trap \$22,895
- Apr '24 Annual audit pymt \$15,956
- Apr '24 OARR Grant \$29,405
- May-24 Insurance policy renewals \$91,260.65
- May-24 Van wrap \$12,393.48
- Jun-24 Insurance policy renewals \$20,858.00
- Jun-24 Purchase of new computers \$15,950.05
- Jun-24 Purchase of new chairs for board/classroom \$4,150.56
- Jun-24 Purchase of ADC activity equipment \$28,047.00
- Jun-24 Purchase 1 year advertising contract with ACORN \$18,408.00

NOTE: this is a comparison of checks only; does not include expenses such as OPEB accrual, salary/benefit expenses, UAL expense, depreciation; July and Aug of each year may or may not include month prior June expenses.

# Camarillo Health Care District

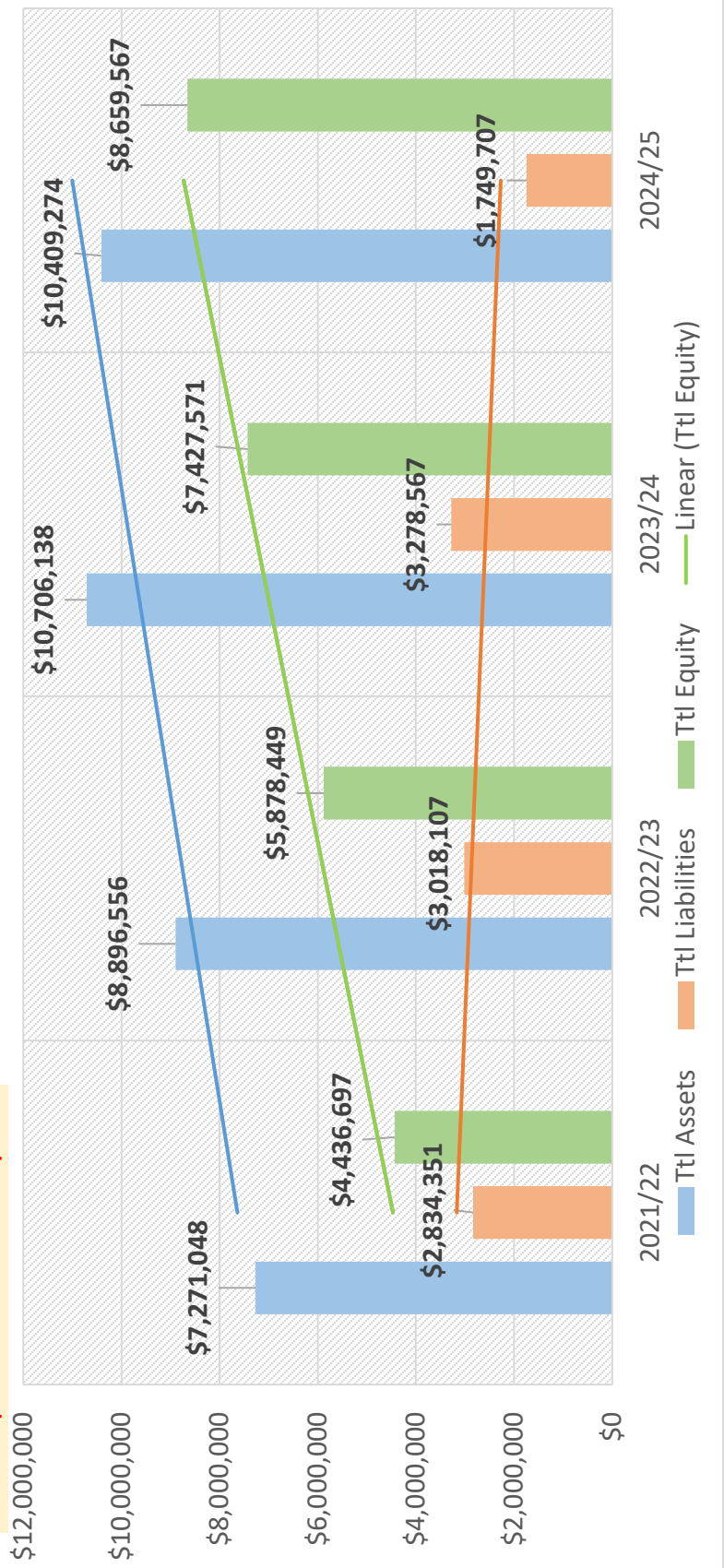
## Statement of Net Assets

|                                      | <u>September 2024</u> | <u>September 2023</u> | <u>\$</u><br><u>Variance</u> | <u>%</u><br><u>Variance</u> |
|--------------------------------------|-----------------------|-----------------------|------------------------------|-----------------------------|
| ASSETS                               |                       |                       |                              |                             |
| Current Assets                       |                       |                       |                              |                             |
| CASH ACCOUNTS                        |                       |                       |                              |                             |
| Cash in General- Five Star           | 417,049.20            | 422,978.86            | (5,929.66)                   | -1.4%                       |
| Cash in Money Market-Five Star       | 1,087,671.11          | 885,255.84            | 202,415.27                   | 22.9%                       |
| Petty Cash-Administration            | 2,000.00              | 1,000.00              | 1,000.00                     | 100.0%                      |
| Cash Drawer-Community Educ           | 50.00                 | 50.00                 | 0.00                         | 0.0%                        |
| Cash Drawers- Senior Nutrition       | 85.00                 | 85.00                 | 0.00                         | 0.0%                        |
| California Class                     | 3,847,971.25          | 3,644,649.26          | 203,321.99                   | 5.6%                        |
| Cash-Local Agency Investment         | 336,071.72            | 318,934.34            | 17,137.38                    | 5.4%                        |
| Capital Improvement Reserve          | 3,199.00              | 0.00                  | 3,199.00                     | 100.0%                      |
| Cash - County Treasury Invstmn       | 7,739.95              | 6,180.19              | 1,559.76                     | 25.2%                       |
| Mechanics, Rabo Savings              | 10,486.43             | 643,150.60            | (632,664.17)                 | -98.4%                      |
| Cash-Restricted-Scholarship          | 7,163.75              | 7,203.75              | (40.00)                      | -0.6%                       |
| <b>TOTAL CASH ACCOUNTS</b>           | <b>5,719,487.41</b>   | <b>5,929,487.84</b>   | <b>(210,000.43)</b>          | <b>-3.5%</b>                |
| Accounts Receivable                  | 6,140.00              | 2,912.00              | 3,228.00                     | 110.9%                      |
| Employee Advance                     | 1,815.44              | 0.00                  | 1,815.44                     | 100.0%                      |
| Accrued Interest Receivable          | 4,214.92              | 152.97                | 4,061.95                     | 2655.4%                     |
| City of Cam CDBG CV3 Rec             | 0.00                  | 12,500.01             | (12,500.01)                  | -100.0%                     |
| City of Cam Care-A-Van               | 0.00                  | 28,500.00             | (28,500.00)                  | -100.0%                     |
| City of Cam CDBG VR                  | 2,000.01              | 1,500.00              | 500.01                       | 33.3%                       |
| Grant-VCAAAA -Sr Nutrition Recl (3C) | 92,073.78             | 51,797.78             | 40,276.00                    | 77.8%                       |
| Grant-VCAAAA Caregiver Rec (3E)      | 7,179.00              | 26,765.63             | (19,586.63)                  | -73.2%                      |
| Grant-VCAAAA SS Line Rec (3B)        | 11,673.00             | 16,379.14             | (4,706.14)                   | -28.7%                      |
| Grant - VCAAAA OARR Legal            | 4,961.36              | 64,747.92             | (59,786.56)                  | -92.3%                      |
| Grant - CDA Cal Grows                | 0.00                  | 21,353.25             | (21,353.25)                  | -100.0%                     |
| Contract-PICF-Falls                  | 0.00                  | 9,957.74              | (9,957.74)                   | -100.0%                     |
| Due Fr County-Property Tax           | 1,048,371.14          | 1,004,059.80          | 44,311.34                    | 4.4%                        |
| <b>TOTAL Current Assets</b>          | <b>6,897,916.06</b>   | <b>7,170,114.08</b>   | <b>(272,198.02)</b>          | <b>-3.8%</b>                |
| Fixed Assets                         |                       |                       |                              |                             |
| Buildings & Improvements             | 3,188,100.36          | 3,188,100.36          | 0.00                         | 0.0%                        |
| IS Equip                             | 102,122.40            | 102,122.40            | 0.00                         | 0.0%                        |
| Equipment & Furnishings              | 291,970.50            | 261,613.23            | 30,357.27                    | 11.6%                       |
| Transportation Vehicles              | 346,066.64            | 308,170.59            | 37,896.05                    | 12.3%                       |
| Accum Depreciation-Buildings         | (2,353,081.35)        | (2,238,081.39)        | (114,999.96)                 | -5.1%                       |
| Accum Depreciation-IS Equip          | (100,989.07)          | (100,989.07)          | 0.00                         | 0.0%                        |
| Accum Depreciation-Equip&Furn        | (196,327.77)          | (196,327.77)          | 0.00                         | 0.0%                        |
| Accum Depreciation-Vehicles          | (219,514.84)          | (219,514.84)          | 0.00                         | 0.0%                        |
| <b>TOTAL Fixed Assets</b>            | <b>1,058,346.87</b>   | <b>1,105,093.51</b>   | <b>(46,746.64)</b>           | <b>-4.2%</b>                |
| Other Assets                         |                       |                       |                              |                             |
| Prepaid Insurance                    | 104,183.03            | 94,726.27             | 9,456.76                     | 10.0%                       |
| Prepaid Workers Comp                 | (21,528.53)           | (15,619.29)           | (5,909.24)                   | -37.8%                      |
| Prepaid Other                        | 18,594.45             | 411.15                | 18,183.30                    | 4422.5%                     |



|  | <u>September 2024</u> | <u>September 2023</u> | <u>\$</u><br><u>Variance</u> | <u>%</u><br><u>Variance</u> |
|--|-----------------------|-----------------------|------------------------------|-----------------------------|
| Prepaid Postage                        | 407.60                | 553.09                | (145.49)                     | -26.3%                      |
| Pre Paid Rental/Lease                  | 1,946.15              | 1,451.00              | 495.15                       | 34.1%                       |
| Deferred Outflows of Resources GASB 68 | 1,850,122.00          | 1,850,122.00          | 0.00                         | 0.0%                        |
| Overfunded GASB 75                     | 12,151.00             | 12,151.00             | 0.00                         | 0.0%                        |
| Deferred Outflows of Resources GASB 75 | 487,135.00            | 487,135.00            | 0.00                         | 0.0%                        |
| <b>TOTAL Other Assets</b>              | <b>2,453,010.70</b>   | <b>2,430,930.22</b>   | <b>22,080.48</b>             | <b>0.9%</b>                 |
| <b>TOTAL ASSETS</b>                    | <b>10,409,273.63</b>  | <b>10,706,137.81</b>  | <b>(296,864.18)</b>          | <b>-2.8%</b>                |
| <b>LIABILITIES</b>                     |                       |                       |                              |                             |
| <b>Current Liabilities</b>             |                       |                       |                              |                             |
| Accounts Payable                       | 45,704.03             | 56,802.48             | (11,098.45)                  | -19.5%                      |
| Medical Premium Payable-Emp            | (68.04)               | (102.32)              | 34.28                        | 33.5%                       |
| Accrued Vacation                       | 91,563.08             | 105,681.30            | (14,118.22)                  | -13.4%                      |
| Scholarships-Volunteer Expense         | 1,595.97              | 1,595.97              | 0.00                         | 0.0%                        |
| Scholarships-Senior Services           | 5,567.78              | 5,607.78              | (40.00)                      | -0.7%                       |
| Deferred Revenue                       | 0.00                  | 3,637.99              | (3,637.99)                   | -100.0%                     |
| <b>TOTAL Current Liabilities</b>       | <b>144,362.82</b>     | <b>173,223.20</b>     | <b>(28,860.38)</b>           | <b>-16.7%</b>               |
| <b>Long-Term Liabilities</b>           |                       |                       |                              |                             |
| Net Pension Liability GASB 68          | 671,170.00            | 2,171,170.00          | (1,500,000.00)               | -69.1%                      |
| Deferred Inflows of Resources GASB 68  | 161,022.00            | 161,022.00            | 0.00                         | 0.0%                        |
| Deferred Inflows of Resources GASB 75  | 773,152.00            | 773,152.00            | 0.00                         | 0.0%                        |
| <b>TOTAL Long-Term Liabilities</b>     | <b>1,605,344.00</b>   | <b>3,105,344.00</b>   | <b>(1,500,000.00)</b>        | <b>-48.3%</b>               |
| <b>TOTAL LIABILITIES</b>               | <b>1,749,706.82</b>   | <b>3,278,567.20</b>   | <b>(1,528,860.38)</b>        | <b>-46.6%</b>               |
| <b>EQUITY</b>                          |                       |                       |                              |                             |
| Designated Reserves                    | 2,999,201.22          | 2,999,201.22          | 0.00                         | 0.0%                        |
| Retained Earnings                      | 5,194,724.12          | 4,033,500.48          | 1,161,223.64                 | 28.8%                       |
| Year-to-Date Earnings                  | 465,641.47            | 394,868.91            | 70,772.56                    | 17.9%                       |
| <b>TOTAL EQUITY</b>                    | <b>8,659,566.81</b>   | <b>7,427,570.61</b>   | <b>1,231,996.20</b>          | <b>16.6%</b>                |
| <b>TOTAL LIABILITIES &amp; EQUITY</b>  | <b>10,409,273.63</b>  | <b>10,706,137.81</b>  | <b>(296,864.18)</b>          | <b>-2.8%</b>                |

**a.o. September 2024...all years**



**Camarillo Health Care District  
Investment & Reserves Report  
30-Sep-24**

| 2024 - 2025 |               |
|-------------|---------------|
| Quick Ratio | Current Ratio |
| 39.62       | 47.78         |

**2024 - 2025**

| LAIF & CLASS                     | 9/30/2024        | Interest Earned |
|----------------------------------|------------------|-----------------|
| Vehicle Fleet Reserve            | 83,489           | 1,100           |
| Technology Reserve               | 168,037          | 2,215           |
| Project/Special Use Reserve      | 167,014          | 2,201           |
| Capital Improvement Reserve      | 556,714          | 7,337           |
| General Operating Reserve        | 1,128,195        | 14,869          |
| Undesignated - General Operating | 2,080,594        | 27,691          |
| <b>Total LAIF &amp; CLASS</b>    | <b>4,184,043</b> | <b>55,412</b>   |

**Five Star Bank**

|                                    |                  |
|------------------------------------|------------------|
| General Operating Fund - Five Star | 417,049          |
| Payroll - Five Star                | 0                |
| Money Market Fund - Five Star      | 1,087,671        |
| <b>Total Five Star Bank</b>        | <b>1,504,720</b> |

**Mechanics Bank**

|                                 |               |             |
|---------------------------------|---------------|-------------|
| Checking                        | 0             | 0.00        |
| Savings                         | 10,486        | 0.47        |
| <b>Total Savings &amp; CD's</b> | <b>10,486</b> | <b>0.47</b> |

**Scholarships & Petty Cash Funds**

|   |                  |
|---|------------------|
| Scholarships & Petty Cash Funds           | 12,498           |
| Ventura County Treasurer Pool             | 7,740            |
| <b>Total in interest earning accounts</b> | <b>5,719,487</b> |

**Total in interest earning accounts**

|                                     | Minimum Target   | 2024              |           | 2024/2025 Interest | Annual Funding Goal |                |
|-------------------------------------|------------------|-------------------|-----------|--------------------|---------------------|----------------|
|                                     |                  | 6/30/2024 Balance | Allocated |                    | 9/30/2024 Balance   | Goal           |
| <b>Reserve Funds</b>                |                  |                   |           |                    |                     |                |
| Vehicle Fleet Reserve               | 75,000           | 82,389            | 0         | 1,100              | 83,489              | 5,000          |
| Technology Reserve                  | 150,000          | 165,822           | 0         | 2,215              | 168,037             | 5,000          |
| Project/Special Use Reserve         | 150,000          | 164,813           | 0         | 2,201              | 167,014             | 5,000          |
| Capital Improvement Reserve         | 500,000          | 549,377           | 0         | 7,337              | 556,714             | 10,000         |
| General Operating Reserve           | 1,941,834        | 1,113,326         | 0         | 14,869             | 1,128,195           | 100,000        |
| <b>Reserves &amp; Contingencies</b> | <b>2,816,834</b> | <b>2,075,727</b>  | <b>0</b>  | <b>27,722</b>      | <b>2,103,449</b>    | <b>125,000</b> |

Per California Government Code Section 53600 et. Seq., specifically section 53646 and section 53607, the attached investment report details all investment related activity in the current period. Camarillo Health Care District's (CHCD) investable funds are currently invested in California CLASS, LAIF, and the Ventura County Treasurer's Investment pool, and their individual investment transactions are not reportable under the government code. That said, CHCD's investment policy has taken a prudent investment course, in compliance with the "Prudent Investor's Policy" designed to protect public funds.

# Camarillo Health Care District

## Statements of Activities

*Year-to-Date Variance, September 2024 - current month, Consolidated by department*

|                                       | <i>3 Months Ended<br/>September 30, 2024</i> | <i>3 Months Ended<br/>September 30, 2024<br/>Budget</i> | <i>Variance<br/>Fav/&lt;Unf&gt;</i> | <i>% Var</i>  |
|---------------------------------------|--|---|-------------------------------------|---------------|
| <b>REVENUE</b>                        |  |   |                                     |               |
| Tax Revenue-Admin                     | 1,048,368.60                                 | 873,640.50  | 174,728.10                          | 20.0 %        |
| Community Education                   | 3,389.00                                     | 7,218.48  | (3,829.48)                          | -53.1 %       |
| Transportation Fees                   | 1,355.00                                     | 4,080.00  | (2,725.00)                          | -66.8 %       |
| Transport Fees ADC                    | 10,190.00                                    | 7,695.00  | 2,495.00                            | 32.4 %        |
| Sr Nutrition Home Delivered           | 5,590.55                                     | 8,347.50  | (2,756.95)                          | -33.0 %       |
| Contract-PICF-Falls                   | 875.00                                       | 87.51   | 787.49                              | 899.9 %       |
| ADC Fees                              | 58,728.00                                    | 70,164.00   | (11,436.00)                         | -16.3 %       |
| Grant-VCAAA Caregiver Respite         | 6,856.00                                     | 9,999.99  | (3,143.99)                          | -31.4 %       |
| Grant - CDA Cal Grows                 | 0.00   | 2,100.00  | (2,100.00)                          | -100.0 %      |
| Donations-Scholarship                 | 0.00   | 650.01  | (650.01)                            | -100.0 %      |
| Sponsorship                           | 0.00   | 200.01  | (200.01)                            | -100.0 %      |
| Healthy Attitude Advertising          | 4,000.00                                     | 999.99  | 3,000.01                            | 300.0 %       |
| Interest Income                       | 71,173.04                                    | 62,499.99   | 8,673.05                            | 13.9 %        |
| Facility Use Rental                   | 0.00   | 240.00  | (240.00)                            | -100.0 %      |
| Facility Use-Lease                    | 2,360.25                                     | 2,360.25  | 0.00                                |               |
| Donations                             | 255.00                                       | 125.01  | 129.99                              | 104.0 %       |
| Fischer Fund Distribution             | 0.00   | 37,500.00   | (37,500.00)                         | -100.0 %      |
| Grant-VCAAA-Sr Nutrition              | 92,732.78                                    | 51,183.24   | 41,549.54                           | 81.2 %        |
| Grant- City of Cam CDBG VR            | 2,000.01                                     | 2,000.01  | 0.00                                | 0.0 %         |
| Grant-VCAAA-SS Line                   | 11,673.00                                    | 12,500.01   | (827.01)                            | -6.6 %        |
| <b>TOTAL REVENUE</b>                  | <b>1,319,546.23</b>                          | <b>1,153,591.50</b>                                     | <b>165,954.73</b>                   | <b>14.4 %</b> |
|                                       | 1,319,546.23                                 | 1,153,591.50  | 165,954.73                          | 14.4 %        |
|                                       | 1,319,546.23                                 | 1,153,591.50  | 165,954.73                          | 14.4 %        |
| <b>EXPENSES</b>                       |  |   |                                     |               |
| Salaries                              | 358,916.68                                   | 525,874.02  | 166,957.34                          | 31.7 %        |
| Payroll Taxes                         | 29,729.14                                    | 41,181.51   | 11,452.37                           | 27.8 %        |
| Bene-Employer Expense to PERS Health  | 49,133.40                                    | 91,289.46   | 42,156.06                           | 46.2 %        |
| Bene-Employer Expense to PERS pension | 31,347.89                                    | 44,148.51   | 12,800.62                           | 29.0 %        |
| Benefits - Workers Comp               | 4,924.48                                     | 8,492.22  | 3,567.74                            | 42.0 %        |
| Benefits - Life/ADD                   | 8,465.93                                     | 8,793.99  | 328.06                              | 3.7 %         |
| Benefits-OPEB (Retiree)               | 24,292.42                                    | 24,478.77   | 186.35                              | 0.8 %         |
| PERS Retirement UAL                   | 8,621.25                                     | 32,631.99   | 24,010.74                           | 73.6 %        |

|   | <i>3 Months Ended</i><br><i>September 30, 2024</i> | <i>3 Months Ended</i><br><i>September 30, 2024</i> | <i>Variance</i>        | <i>% Var</i>    |
|---|--|--|------------------------|-----------------|
|   |  | <i>Budget</i>                                      | <i>Fav/&lt;Unf&gt;</i> |                 |
| Audit Fees                              | 10,000.00  | 5,000.01   | (4,999.99)             | -100.0 %        |
| Partnership Initiatives                 | 0.00   | 249.99   | 249.99                 | 100.0 %         |
| Legal Fees                              | 10,788.50  | 16,500.00  | 5,711.50               | 34.6 %          |
| Contractors-Operations                  | 23,461.00  | 31,102.74  | 7,641.74               | 24.6 %          |
| Contractors Facilities                  | 9,163.35   | 11,432.22  | 2,268.87               | 19.8 %          |
| Instructor Agreement Fees               | 1,403.50   | 2,009.01   | 605.51                 | 30.1 %          |
| Community/Staff Outreach                | 1,663.98   | 3,362.49   | 1,698.51               | 50.5 %          |
| Dues/Subscriptions                      | 19,885.85  | 11,239.98  | (8,645.87)             | -76.9 %         |
| Continuing Education-Trustee            | 6,871.93   | 3,618.24   | (3,253.69)             | -89.9 %         |
| Continuing Education-Staff              | 10,192.23  | 16,491.51  | 6,299.28               | 38.2 %          |
| Board Stipend/Costs                     | 2,100.00   | 3,255.00   | 1,155.00               | 35.5 %          |
| Emerging Community Opportunities        | 0.00   | 24,999.99  | 24,999.99              | 100.0 %         |
| Election Costs                          | 0.00   | 11,250.00  | 11,250.00              | 100.0 %         |
| LAFCO Assessments                       | 3,077.00   | 769.26   | (2,307.74)             | -300.0 %        |
| Mileage                                 | 1,394.83   | 2,973.00   | 1,578.17               | 53.1 %          |
| Program Matls/Activities                | 1,357.16   | 5,947.02   | 4,589.86               | 77.2 %          |
| Gas & Oil                               | 3,665.35   | 6,879.99   | 3,214.64               | 46.7 %          |
| Fleet Maintenance                       | 4,724.72   | 7,595.01   | 2,870.29               | 37.8 %          |
| Minor Equipment                         | 54,699.22  | 6,021.75   | (48,677.47)            | -808.4 %        |
| Supplies                                | 5,088.26   | 12,711.72  | 7,623.46               | 60.0 %          |
| Postage                                 | 9,838.92   | 11,018.25  | 1,179.33               | 10.7 %          |
| Advertising & Promotion                 | 1,180.24   | 8,437.50   | 7,257.26               | 86.0 %          |
| Refunds                                 | 53.00  | 362.49   | 309.49                 | 85.4 %          |
| Printing                                | 8,693.94   | 25,393.77  | 16,699.83              | 65.8 %          |
| Repairs & Maintenance                   | 20,995.09  | 7,582.02   | (13,413.07)            | -176.9 %        |
| Association Fees                        | 18,216.00  | 18,243.27  | 27.27                  | 0.1 %           |
| Insurance                               | 27,243.88  | 27,083.49  | (160.39)               | -0.6 %          |
| Storage Rent/Equip Lease                | 2,506.88   | 2,280.24   | (226.64)               | -9.9 %          |
| Telephone                               | 7,642.34   | 7,440.03   | (202.31)               | -2.7 %          |
| IT Services                             | 27,706.71  | 18,500.01  | (9,206.70)             | -49.8 %         |
| Utilities                               | 14,898.88  | 10,500.00  | (4,398.88)             | -41.9 %         |
| Licenses & Fees                         | 789.12   | 1,962.48   | 1,173.36               | 59.8 %          |
| Bank & Credit Card Charges              | 621.70   | 300.00   | (321.70)               | -107.2 %        |
| <b>TOTAL EXPENSES</b>                   | <b>825,354.77</b>                                  | <b>1,099,402.95</b>                                | <b>274,048.18</b>      | <b>24.9 %</b>   |
| <b>OPERATING RESULTS</b>                | <b>494,191.46</b>                                  | <b>54,188.55</b>                                   | <b>440,002.91</b>      | <b>812.0 %</b>  |
| <b>OTHER INCOME &amp; EXPENSE</b>       |  |  |                        |                 |
| Grant - CCLTSS                          | 0.00   | 2,857.26   | (2,857.26)             | -100.0 %        |
| Other Income -Administration            | 200.00   | 2,519.01   | (2,319.01)             | -92.1 %         |
| Depreciation Expense                    | (28,749.99)  | (30,000.00)  | 1,250.01               | 4.2 %           |
| <b>TOTAL OTHER INCOME &amp; EXPENSE</b> | <b>(28,549.99)</b>                                 | <b>(24,623.73)</b>                                 | <b>(3,926.26)</b>      | <b>-15.9 %</b>  |
| <b>AFTER OTHER INCOME &amp; EXPENSE</b> | <b>465,641.47</b>                                  | <b>29,564.82</b>                                   | <b>436,076.65</b>      | <b>1475.0 %</b> |



|             | <i>3 Months Ended<br/>September 30, 2024</i> | <i>3 Months Ended<br/>September 30, 2024<br/>Budget</i> | <i>Variance<br/>Fav/&lt;Unf&gt;</i> | <i>% Var</i> |
|-------------|--|---|-------------------------------------|--------------|
| NET RESULTS | 465,641.47                                   | 29,564.82   | 436,076.65                          | 1475.0 %     |

# Camarillo Health Care District

## Statements of Activities

*Year-to-Date Only, September 2024 - current month, September 2023 - 12 months back, Consolidated by department*

|                                       | <u>3 Months Ended</u><br><u>September 30, 2024</u> | <u>3 Months Ended</u><br><u>September 30, 2023</u> | <u>Variance</u><br><u>Fav/&lt;Unf&gt;</u> | <u>% Var</u> |
|---------------------------------------|--|--|---|--------------|
| <b>REVENUE</b>                        |  |  |   |              |
| Tax Revenue-Admin                     | 1,048,368.60                                       | 1,004,059.80                                       | 44,308.80                                 | 4.4 %        |
| Community Education                   | 3,389.00   | 3,089.00   | 300.00                                    | 9.7 %        |
| Transportation Fees                   | 1,355.00   | 1,900.00   | (545.00)                                  | -28.7 %      |
| Transport Fees ADC                    | 10,190.00  | 8,256.00   | 1,934.00                                  | 23.4 %       |
| Sr Nutrition Home Delivered           | 5,590.55   | 7,876.76   | (2,286.21)                                | -29.0 %      |
| Contract-PICF-Falls                   | 875.00   | 3,590.96   | (2,715.96)                                | -75.6 %      |
| ADC Fees                              | 58,728.00  | 46,581.00  | 12,147.00                                 | 26.1 %       |
| Grant-VCAAA Caregiver Respite         | 6,856.00   | 6,236.53   | 619.47                                    | 9.9 %        |
| Grant - AAA OARR Legal                | 0.00   | 64,747.92  | (64,747.92)                               | -100.0 %     |
| Grant - CDA Cal Grows                 | 0.00   | 4,717.59   | (4,717.59)                                | -100.0 %     |
| Donations-Scholarship                 | 0.00   | 50.00  | (50.00)                                   | -100.0 %     |
| Healthy Attitude Advertising          | 4,000.00   | 0.00   | 4,000.00                                  |              |
| Interest Income                       | 71,173.04  | 58,995.70  | 12,177.34                                 | 20.6 %       |
| Facility Use Rental                   | 0.00   | 1,792.00   | (1,792.00)                                | -100.0 %     |
| Facility Use-Lease                    | 2,360.25   | 2,126.25   | 234.00                                    | 11.0 %       |
| Donations                             | 255.00   | 0.00   | 255.00                                    |              |
| Grant-VCAAA-Sr Nutrition              | 92,732.78  | 39,323.80  | 53,408.98                                 | 135.8 %      |
| Grant -City of Cam-CDBG CV3           | 0.00   | 12,500.01  | (12,500.01)                               | -100.0 %     |
| Grant- City of Cam CDBG VR            | 2,000.01   | 1,500.00   | 500.01                                    | 33.3 %       |
| Grant-VCAAA-SS Line                   | 11,673.00  | 11,290.02  | 382.98                                    | 3.4 %        |
| <b>TOTAL REVENUE</b>                  | <u>1,319,546.23</u>                                | <u>1,278,633.34</u>                                | <u>40,912.89</u>                          | <u>3.2 %</u> |
|                                       | 1,319,546.23                                       | 1,278,633.34                                       | 40,912.89                                 | 3.2 %        |
|                                       | <u>1,319,546.23</u>                                | <u>1,278,633.34</u>                                | <u>40,912.89</u>                          | <u>3.2 %</u> |
| <b>EXPENSES</b>                       |  |  |   |              |
| Salaries                              | 358,916.68   | 341,433.11   | (17,483.57)                               | -5.1 %       |
| Payroll Taxes                         | 29,729.14  | 28,094.81  | (1,634.33)                                | -5.8 %       |
| Bene-Employer Expense to PERS Health  | 49,133.40  | 53,770.80  | 4,637.40                                  | 8.6 %        |
| Bene-Employer Expense to PERS pension | 31,347.89  | 28,643.24  | (2,704.65)                                | -9.4 %       |
| Benefits - Workers Comp               | 4,924.48   | 5,513.01   | 588.53                                    | 10.7 %       |
| Benefits - Life/ADD                   | 8,465.93   | 8,114.59   | (351.34)                                  | -4.3 %       |
| Benefits-OPEB (Retiree)               | 24,292.42  | 19,085.93  | (5,206.49)                                | -27.3 %      |
| PERS Retirement UAL                   | 8,621.25   | 92,624.00  | 84,002.75                                 | 90.7 %       |
| Audit Fees                            | 10,000.00  | 0.00   | (10,000.00)                               |              |
| Legal Fees                            | 10,788.50  | 5,215.04   | (5,573.46)                                | -106.9 %     |

|   | <i>3 Months Ended<br/>September 30, 2024</i> | <i>3 Months Ended<br/>September 30, 2023</i> | <i>Variance<br/>Fav/&lt;Unf&gt;</i> | <i>% Var</i>  |
|---|--|--|-------------------------------------|---------------|
| Contractors-Operations                  | 23,461.00                                    | 22,678.00                                    | (783.00)                            | -3.5 %        |
| Contractors Facilities                  | 9,163.35                                     | 9,063.45                                     | (99.90)                             | -1.1 %        |
| Contractors - Grants                    | 0.00   | 34,604.41                                    | 34,604.41                           | 100.0 %       |
| Instructor Agreement Fees               | 1,403.50                                     | 1,208.90                                     | (194.60)                            | -16.1 %       |
| Community/Staff Outreach                | 1,663.98                                     | 1,003.66                                     | (660.32)                            | -65.8 %       |
| Dues/Subscriptions                      | 19,885.85                                    | 22,702.15                                    | 2,816.30                            | 12.4 %        |
| Continuing Education-Trustee            | 6,871.93                                     | 7,497.91                                     | 625.98                              | 8.3 %         |
| Continuing Education-Staff              | 10,192.23                                    | 14,112.45                                    | 3,920.22                            | 27.8 %        |
| Board Stipend/Costs                     | 2,100.00                                     | 1,300.00                                     | (800.00)                            | -61.5 %       |
| LAFCO Assessments                       | 3,077.00                                     | 2,535.00                                     | (542.00)                            | -21.4 %       |
| Mileage                                 | 1,394.83                                     | 2,208.02                                     | 813.19                              | 36.8 %        |
| Program Matls/Activities                | 1,357.16                                     | 3,156.66                                     | 1,799.50                            | 57.0 %        |
| Gas & Oil                               | 3,665.35                                     | 4,832.88                                     | 1,167.53                            | 24.2 %        |
| Fleet Maintenance                       | 4,724.72                                     | 5,860.07                                     | 1,135.35                            | 19.4 %        |
| Minor Equipment                         | 54,699.22                                    | 5,570.24                                     | (49,128.98)                         | -882.0 %      |
| Supplies                                | 5,088.26                                     | 3,720.14                                     | (1,368.12)                          | -36.8 %       |
| Postage                                 | 9,838.92                                     | 11,114.04                                    | 1,275.12                            | 11.5 %        |
| Advertising & Promotion                 | 1,180.24                                     | 2,294.74                                     | 1,114.50                            | 48.6 %        |
| Refunds                                 | 53.00  | 665.00                                       | 612.00                              | 92.0 %        |
| Printing                                | 8,693.94                                     | 24,847.73                                    | 16,153.79                           | 65.0 %        |
| Repairs & Maintenance                   | 20,995.09                                    | 8,998.78                                     | (11,996.31)                         | -133.3 %      |
| Association Fees                        | 18,216.00                                    | 17,886.00                                    | (330.00)                            | -1.8 %        |
| Insurance                               | 27,243.88                                    | 25,643.46                                    | (1,600.42)                          | -6.2 %        |
| Storage Rent/Equip Lease                | 2,506.88                                     | 2,391.86                                     | (115.02)                            | -4.8 %        |
| Telephone                               | 7,642.34                                     | 7,077.12                                     | (565.22)                            | -8.0 %        |
| IT Services                             | 27,706.71                                    | 16,657.05                                    | (11,049.66)                         | -66.3 %       |
| Utilities                               | 14,898.88                                    | 13,231.47                                    | (1,667.41)                          | -12.6 %       |
| Licenses & Fees                         | 789.12                                       | 308.10                                       | (481.02)                            | -156.1 %      |
| Bank & Credit Card Charges              | 621.70                                       | 220.62                                       | (401.08)                            | -181.8 %      |
| <b>TOTAL EXPENSES</b>                   | <b>825,354.77</b>                            | <b>855,884.44</b>                            | <b>30,529.67</b>                    | <b>3.6 %</b>  |
| <b>OPERATING RESULTS</b>                | <b>494,191.46</b>                            | <b>422,748.90</b>                            | <b>71,442.56</b>                    | <b>16.9 %</b> |
| <b>OTHER INCOME &amp; EXPENSE</b>       |  |  |                                     |               |
| Other Income -Administration            | 200.00                                       | 870.00                                       | (670.00)                            | -77.0 %       |
| Depreciation Expense                    | (28,749.99)                                  | (28,749.99)                                  | 0.00                                |               |
| <b>TOTAL OTHER INCOME &amp; EXPENSE</b> | <b>(28,549.99)</b>                           | <b>(27,879.99)</b>                           | <b>(670.00)</b>                     | <b>-2.4 %</b> |
| <b>AFTER OTHER INCOME &amp; EXPENSE</b> | <b>465,641.47</b>                            | <b>394,868.91</b>                            | <b>70,772.56</b>                    | <b>17.9 %</b> |
| <b>NET RESULTS</b>                      | <b>465,641.47</b>                            | <b>394,868.91</b>                            | <b>70,772.56</b>                    | <b>17.9 %</b> |



# Camarillo Health Care District

## Statements of Activities

*Year-to-Date Performance, September 2024 - current month,  
Consolidated by department*

|                                       | <i>3 Months Ended<br/>September 30, 2024</i> | <i>Annual<br/>Budget</i> | <i>Unused</i>       | <i>% Used</i> |
|---------------------------------------|--|--------------------------|---------------------|---------------|
| <b>REVENUE</b>                        |  |                          |                     |               |
| Tax Revenue-Admin                     | 1,048,368.60                                 | 3,494,562.00             | 2,446,193.40        | 30.0 %        |
| Community Education                   | 3,389.00                                     | 28,874.00                | 25,485.00           | 11.7 %        |
| Transportation Fees                   | 1,355.00                                     | 16,320.00                | 14,965.00           | 8.3 %         |
| Transport Fees ADC                    | 10,190.00                                    | 30,780.00                | 20,590.00           | 33.1 %        |
| Sr Nutrition Home Delivered           | 5,590.55                                     | 33,390.00                | 27,799.45           | 16.7 %        |
| Contract-PICF-Falls                   | 875.00                                       | 350.00                   | (525.00)            | 250.0 %       |
| ADC Fees                              | 58,728.00                                    | 280,656.00               | 221,928.00          | 20.9 %        |
| Grant-VCAAA Caregiver Respite         | 6,856.00                                     | 40,000.00                | 33,144.00           | 17.1 %        |
| Grant - CDA Cal Grows                 | 0.00   | 8,400.00                 | 8,400.00            |               |
| Donations-Scholarship                 | 0.00   | 2,600.00                 | 2,600.00            |               |
| Sponsorship                           | 0.00   | 800.00                   | 800.00              |               |
| Healthy Attitude Advertising          | 4,000.00                                     | 4,000.00                 | 0.00                | 100.0 %       |
| Interest Income                       | 71,173.04                                    | 250,000.00               | 178,826.96          | 28.5 %        |
| Facility Use Rental                   | 0.00   | 960.00                   | 960.00              |               |
| Facility Use-Lease                    | 2,360.25                                     | 9,441.00                 | 7,080.75            | 25.0 %        |
| Donations                             | 255.00                                       | 500.00                   | 245.00              | 51.0 %        |
| Fischer Fund Distribution             | 0.00   | 150,000.00               | 150,000.00          |               |
| Grant-VCAAA-Sr Nutrition              | 92,732.78                                    | 204,733.00               | 112,000.22          | 45.3 %        |
| Grant- City of Cam CDBG VR            | 2,000.01                                     | 8,000.00                 | 5,999.99            | 25.0 %        |
| Grant-VCAAA-SS Line                   | 11,673.00                                    | 50,000.00                | 38,327.00           | 23.3 %        |
| <b>TOTAL REVENUE</b>                  | <b>1,319,546.23</b>                          | <b>4,614,366.00</b>      | <b>3,294,819.77</b> | <b>28.6 %</b> |
|                                       | 1,319,546.23                                 | 4,614,366.00             | 3,294,819.77        | 28.6 %        |
|                                       | 1,319,546.23                                 | 4,614,366.00             | 3,294,819.77        | 28.6 %        |
| <b>EXPENSES</b>                       |  |                          |                     |               |
| Salaries                              | 358,916.68                                   | 2,103,496.00             | 1,744,579.32        | 17.1 %        |
| Payroll Taxes                         | 29,729.14                                    | 164,726.00               | 134,996.86          | 18.0 %        |
| Bene-Employer Expense to PERS Health  | 49,133.40                                    | 365,158.00               | 316,024.60          | 13.5 %        |
| Bene-Employer Expense to PERS pension | 31,347.89                                    | 176,594.00               | 145,246.11          | 17.8 %        |
| Benefits - Workers Comp               | 4,924.48                                     | 33,969.00                | 29,044.52           | 14.5 %        |
| Benefits - Life/ADD                   | 8,465.93                                     | 35,176.00                | 26,710.07           | 24.1 %        |
| Benefits-OPEB (Retiree)               | 24,292.42                                    | 97,915.00                | 73,622.58           | 24.8 %        |
| PERS Retirement UAL                   | 8,621.25                                     | 130,528.00               | 121,906.75          | 6.6 %         |

**3 Months Ended  
September 30, 2024**

|   |                    | <b>Annual<br/>Budget</b> | <b>Unused</b>       | <b>% Used</b>  |
|---|--------------------|--------------------------|---------------------|----------------|
| Audit Fees                              | 10,000.00          | 20,000.00                | 10,000.00           | 50.0 %         |
| Partnership Initiatives                 | 0.00               | 1,000.00                 | 1,000.00            |                |
| Legal Fees                              | 10,788.50          | 66,000.00                | 55,211.50           | 16.3 %         |
| Contractors-Operations                  | 23,461.00          | 124,411.00               | 100,950.00          | 18.9 %         |
| Contractors Facilities                  | 9,163.35           | 45,729.00                | 36,565.65           | 20.0 %         |
| Instructor Agreement Fees               | 1,403.50           | 8,036.00                 | 6,632.50            | 17.5 %         |
| Community/Staff Outreach                | 1,663.98           | 13,450.00                | 11,786.02           | 12.4 %         |
| Dues/Subscriptions                      | 19,885.85          | 44,960.00                | 25,074.15           | 44.2 %         |
| Continuing Education-Trustee            | 6,871.93           | 14,473.00                | 7,601.07            | 47.5 %         |
| Continuing Education-Staff              | 10,192.23          | 65,966.00                | 55,773.77           | 15.5 %         |
| Board Stipend/Costs                     | 2,100.00           | 13,020.00                | 10,920.00           | 16.1 %         |
| Emerging Community Opportunities        | 0.00               | 100,000.00               | 100,000.00          |                |
| Election Costs                          | 0.00               | 45,000.00                | 45,000.00           |                |
| LAFCO Assessments                       | 3,077.00           | 3,077.00                 | 0.00                | 100.0 %        |
| Mileage                                 | 1,394.83           | 11,892.00                | 10,497.17           | 11.7 %         |
| Program Matls/Activities                | 1,357.16           | 23,788.00                | 22,430.84           | 5.7 %          |
| Gas & Oil                               | 3,665.35           | 27,520.00                | 23,854.65           | 13.3 %         |
| Fleet Maintenance                       | 4,724.72           | 30,380.00                | 25,655.28           | 15.6 %         |
| Minor Equipment                         | 54,699.22          | 24,087.00                | (30,612.22)         | 227.1 %        |
| Supplies                                | 5,088.26           | 50,847.00                | 45,758.74           | 10.0 %         |
| Postage                                 | 9,838.92           | 44,073.00                | 34,234.08           | 22.3 %         |
| Advertising & Promotion                 | 1,180.24           | 33,750.00                | 32,569.76           | 3.5 %          |
| Refunds                                 | 53.00              | 1,450.00                 | 1,397.00            | 3.7 %          |
| Printing                                | 8,693.94           | 101,575.00               | 92,881.06           | 8.6 %          |
| Repairs & Maintenance                   | 20,995.09          | 30,328.00                | 9,332.91            | 69.2 %         |
| Association Fees                        | 18,216.00          | 72,973.00                | 54,757.00           | 25.0 %         |
| Insurance                               | 27,243.88          | 108,334.00               | 81,090.12           | 25.1 %         |
| Storage Rent/Equip Lease                | 2,506.88           | 9,121.00                 | 6,614.12            | 27.5 %         |
| Telephone                               | 7,642.34           | 29,760.00                | 22,117.66           | 25.7 %         |
| IT Services                             | 27,706.71          | 74,000.00                | 46,293.29           | 37.4 %         |
| Utilities                               | 14,898.88          | 42,000.00                | 27,101.12           | 35.5 %         |
| Licenses & Fees                         | 789.12             | 7,850.00                 | 7,060.88            | 10.1 %         |
| Bank & Credit Card Charges              | 621.70             | 1,200.00                 | 578.30              | 51.8 %         |
| <b>TOTAL EXPENSES</b>                   | <b>825,354.77</b>  | <b>4,397,612.00</b>      | <b>3,572,257.23</b> | <b>18.8 %</b>  |
| <b>OPERATING RESULTS</b>                | <b>494,191.46</b>  | <b>216,754.00</b>        | <b>(277,437.46)</b> | <b>228.0 %</b> |
| <b>OTHER INCOME &amp; EXPENSE</b>       |                    |                          |                     |                |
| Grant - CCLTSS                          | 0.00               | 11,429.00                | 11,429.00           |                |
| Other Income -Administration            | 200.00             | 10,076.00                | 9,876.00            | 2.0 %          |
| Depreciation Expense                    | (28,749.99)        | (120,000.00)             | (91,250.01)         | 24.0 %         |
| <b>TOTAL OTHER INCOME &amp; EXPENSE</b> | <b>(28,549.99)</b> | <b>(98,495.00)</b>       | <b>(69,945.01)</b>  | <b>29.0 %</b>  |
| <b>AFTER OTHER INCOME &amp; EXPENSE</b> | <b>465,641.47</b>  | <b>118,259.00</b>        | <b>(347,382.47)</b> | <b>393.7 %</b> |

|             | <i>3 Months Ended<br/>September 30, 2024</i> | <i>Annual<br/>Budget</i> | <i>Unused</i> | <i>% Used</i> |
|-------------|--|--------------------------|---------------|---------------|
| NET RESULTS | 465,641.47                                   | 118,259.00               | (347,382.47)  | 393.7 %       |

Tax Revenue Analysis

| A  | H                   |                 | I           |                | J           |                 | K                   |              | L   |              | M           |             | N                   |                 | O   |              | P           |                 | Q                 |              | R   |                 | S           |              |
|----|---------------------|-----------------|-------------|----------------|-------------|-----------------|---------------------|--------------|-----|--------------|-------------|-------------|---------------------|-----------------|-----|--------------|-------------|-----------------|-------------------|--------------|-----|-----------------|-------------|--------------|
|    | Fiscal Year 2024-25 |                 | YTD         |                | % to Budget |                 | Fiscal Year 2023-24 |              | YTD |              | % to Budget |             | Fiscal Year 2022-23 |                 | YTD |              | % to Budget |                 | Fiscal Year 21-22 |              | YTD |                 | % to Budget |              |
|    | \$ Received         |                 | \$ Received |                |             | \$ Received     |                     | \$ Received  |     | \$ Received  |             | \$ Received |                     | \$ Received     |     | \$ Received  |             | \$ Received     |                   | \$ Received  |     | \$ Received     |             | \$ Received  |
| 1  |                     |                 |             |                |             |                 |                     |              |     |              |             |             |                     |                 |     |              |             |                 |                   |              |     |                 |             |              |
| 2  |                     |                 |             |                |             |                 |                     |              |     |              |             |             |                     |                 |     |              |             |                 |                   |              |     |                 |             |              |
| 3  |                     |                 |             |                |             |                 |                     |              |     |              |             |             |                     |                 |     |              |             |                 |                   |              |     |                 |             |              |
| 4  |                     | 113,486.32      |             | 113,486.32     | 3.25%       | 116,408.30      |                     | 116,408.30   |     | 116,408.30   |             | 116,408.30  |                     | 65,989.87       |     | 65,989.87    |             | 87,329.27       |                   | 87,329.27    |     | 87,329.27       |             | 87,329.27    |
| 5  |                     | 29,433.17       |             | 142,919.49     | 4.09%       | 0.00            |                     | 116,408.30   |     | 116,408.30   |             | 3.67%       |                     | 12,801.31       |     | 78,791.18    |             | 0.00            |                   | 0.00         |     | 87,329.27       |             | 87,329.27    |
| 6  |                     | 0.00            |             | 142,919.49     | 4.09%       | 0.00            |                     | 116,408.30   |     | 116,408.30   |             | 3.67%       |                     | 16,320.31       |     | 95,111.49    |             | 10,745.16       |                   | 10,745.16    |     | 98,074.43       |             | 98,074.43    |
| 7  |                     |                 |             | 142,919.49     | 4.09%       | 0.00            |                     | 116,408.30   |     | 116,408.30   |             | 3.67%       |                     | 0.00            |     | 95,111.49    |             | 4,510.32        |                   | 4,510.32     |     | 102,584.75      |             | 102,584.75   |
| 8  |                     |                 |             | 142,919.49     | 4.09%       | 0.00            |                     | 116,408.30   |     | 116,408.30   |             | 3.67%       |                     | 47,707.46       |     | 142,818.95   |             | 52,882.57       |                   | 52,882.57    |     | 155,467.32      |             | 155,467.32   |
| 9  |                     |                 |             | 142,919.49     | 4.09%       | 1,766,295.06    |                     | 2,038,076.30 |     | 2,038,076.30 |             | 59.28%      |                     | 1,655,358.14    |     | 1,798,177.09 |             | 1,674,903.64    |                   | 1,674,903.64 |     | 1,830,370.96    |             | 1,830,370.96 |
| 10 |                     |                 |             | 142,919.49     | 4.09%       | 155,372.94      |                     | 2,038,076.30 |     | 2,038,076.30 |             | 64.18%      |                     | 193,223.80      |     | 1,991,400.89 |             | 37,732.82       |                   | 37,732.82    |     | 1,868,103.78    |             | 1,868,103.78 |
| 11 |                     |                 |             | 142,919.49     | 4.09%       | 28,271.45       |                     | 2,066,347.75 |     | 2,066,347.75 |             | 65.07%      |                     | 0.00            |     | 1,991,400.89 |             | 0.00            |                   | 0.00         |     | 1,868,103.78    |             | 1,868,103.78 |
| 12 |                     |                 |             | 142,919.49     | 4.09%       | 7,586.29        |                     | 2,073,934.04 |     | 2,073,934.04 |             | 65.30%      |                     | 667.75          |     | 1,992,068.64 |             | 12,402.60       |                   | 12,402.60    |     | 1,880,506.38    |             | 1,880,506.38 |
| 13 |                     |                 |             | 142,919.49     | 4.09%       | 1,318,844.94    |                     | 3,392,778.98 |     | 3,392,778.98 |             | 106.83%     |                     | 1,250,890.89    |     | 3,242,959.53 |             | 1,165,534.21    |                   | 1,165,534.21 |     | 3,046,040.59    |             | 3,046,040.59 |
| 14 |                     |                 |             | 142,919.49     | 4.09%       | 12,961.45       |                     | 3,405,740.43 |     | 3,405,740.43 |             | 107.24%     |                     | 85,216.56       |     | 3,328,176.09 |             | 27,987.55       |                   | 27,987.55    |     | 3,074,028.14    |             | 3,074,028.14 |
| 15 |                     |                 |             | 142,919.49     | 4.09%       | 82,933.21       |                     | 3,488,673.64 |     | 3,488,673.64 |             | 109.85%     |                     | 6,960.07        |     | 3,335,136.16 |             | 39,063.68       |                   | 39,063.68    |     | 3,113,091.82    |             | 3,113,091.82 |
| 16 |                     |                 |             |                |             |                 |                     |              |     |              |             |             |                     |                 |     |              |             |                 |                   |              |     |                 |             |              |
| 17 |                     | Approved Budget |             | 3,494,562.00   |             | Approved Budget |                     | 3,346,866.00 |     | 3,346,866.00 |             |             |                     | Approved Budget |     | 3,175,793.00 |             | Approved Budget |                   | 3,020,034.00 |     | Approved Budget |             | 3,020,034.00 |
| 18 |                     |                 |             |                |             |                 |                     |              |     |              |             |             |                     |                 |     |              |             |                 |                   |              |     |                 |             |              |
| 19 | Over (Under) Budget |                 |             | (3,351,642.51) |             | 141,808         |                     | 141,808      |     | 141,808      |             |             |                     | 159,343         |     | 159,343      |             |                 |                   |              |     |                 |             |              |

**SECTION 8**

**BOARD ACTION ITEM 8-A**

**DISTRICT RESOLUTION 24-10  
RECOGNIZING NOVEMBER 2024 AS  
NATIONAL FAMILY CAREGIVERS MONTH**







## RESOLUTION NO. 24-10

### In Recognition of National Family Caregivers Month

Resolution of The Board of Directors  
Camarillo Health Care District  
Camarillo, California

---

**WHEREAS**, November is the month where we take time to recognize, praise and support the millions of people who dedicate their time and lives, often unpaid, to care for a family member in need; and

**WHEREAS**, family caregivers face challenges and health emergencies, juggle priorities, and can suffer isolation and depression as they care for loved ones; and

**WHEREAS**, while family caregiving may be a labor of love, it can exact a heavy toll on the caregiver; physically, mentally, and financially, with many caregivers putting their own health and financial security at risk for the sake of their loved one; and

**WHEREAS**, more than eight in ten Americans say caregiving for a loved one is “the new normal”; and

**WHEREAS**, Camarillo Health Care District embraces a guiding principle of recognizing and honoring the significant contribution and sacrifice of family caregivers by providing excellence in education, training and support; and

**WHEREAS**, Camarillo Health Care District therefore stands in unity with family caregivers in celebration of National Caregivers Month, and is proud to offer a broad array of services through the award-winning Caregiver Center; and

**WHEREAS**, the Caregiver Center is a federally designated family caregiver resource center that received the nation’s top award in caregiving in 2017 from Former First Lady Rosalynn Carter through her Rosalynn Carter Institute for Caregiving;

**NOW, THEREFORE, BE IT RESOLVED**, that the Camarillo Health Care District Board of Directors, does hereby recognize November of 2024 as National Family Caregivers Month.

**ADOPTED, SIGNED, AND APPROVED** this 24th day of October 2024.

\_\_\_\_\_  
Thomas Doria, President  
Board of Directors  
Camarillo Health Care District

Attest: \_\_\_\_\_  
Paula Feinberg, Clerk of the Board  
Board of Directors  
Camarillo Health Care District

STATE OF CALIFORNIA)  
COUNTY OF VENTURA) ss

I, **Paula Feinberg**, Board of Director of the Camarillo Health Care District

**DO HEREBY CERTIFY** that the foregoing Resolution 24-10 was duly adopted by the Board of Directors of said District at a Regular Meeting held on the 24th day of October 2024, and it was adopted by the following vote:

AYES: \_\_\_\_\_

NAYS: \_\_\_\_\_

ABSENT: \_\_\_\_\_

ABSTAIN: \_\_\_\_\_

\_\_\_\_\_  
Paula Feinberg, Clerk of the Board  
Board of Directors  
Camarillo Health Care District



## **SECTION 10**

### **REPORTS**



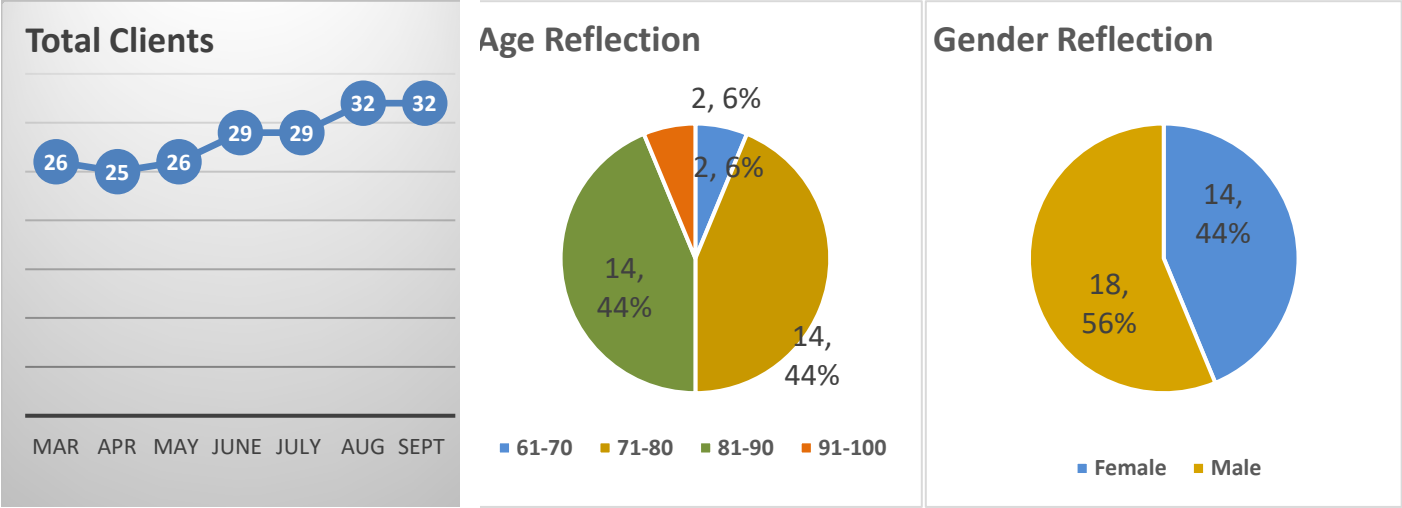
# MEMORANDUM

**DATE:** September 30, 2024  
**TO:** Kara Ralston, Chief Executive Officer  
**FROM:** Mary Ann Ratto, Adult Day Center Director  
**SUBJECT:** *September 2024 Monthly Report*

## PROGRAM DESCRIPTION

Since 1983, Camarillo Health Care District has operated a state-licensed Adult Day Center for adults (age 18 and over) with cognitive impairment and other special needs. With intentional thoughts, the Adult Day Center provides a compassionate and dynamic environment where persons with functional and cognitive disabilities can participate in meaningful activities, allowing them to remain as independent as possible with dignity, respect, and honor. Participants enjoy a variety of scheduled activities modified and designed to promote self-esteem, endurance, and engagement. Customized schedules are available full day, half day, multiple or single days in a week, with transportation options.

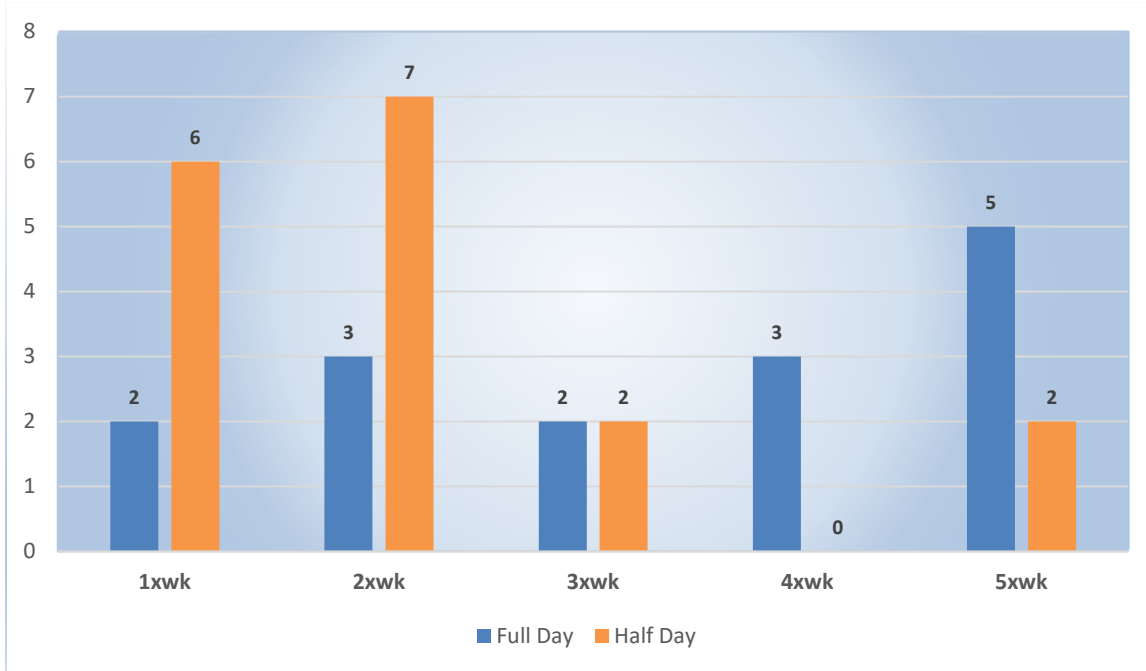
## PROGRAM QUICK VIEW



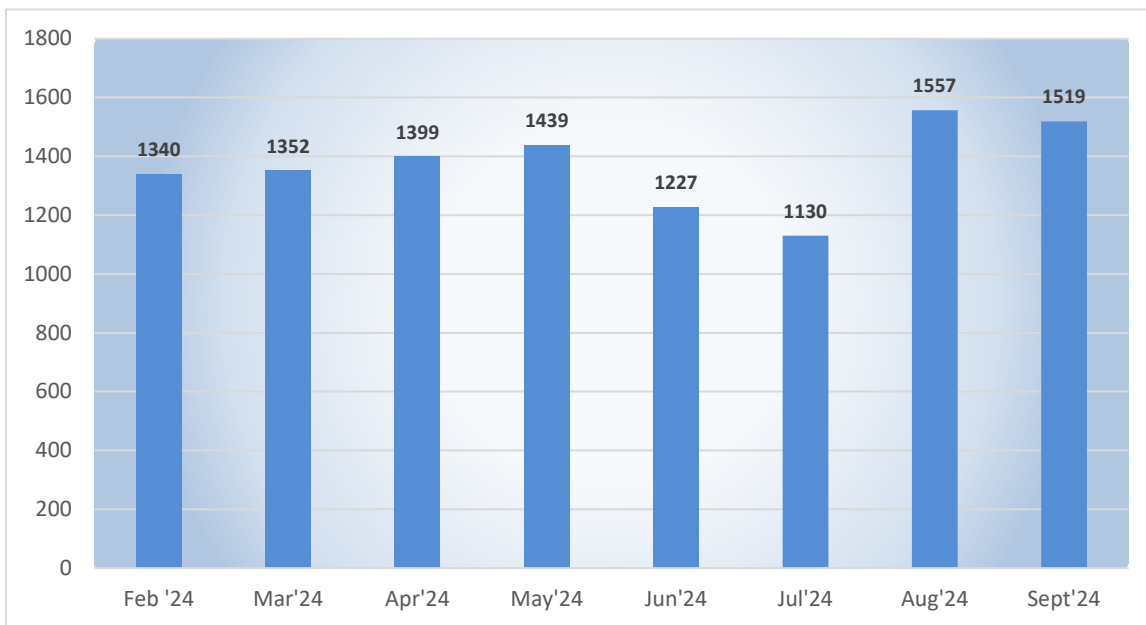
|                      |              |
|----------------------|--------------|
| Total Clients:       | 32           |
| Current average age: | 81           |
| Current oldest:      | 93 (ma & fe) |
| Current youngest:    | 68 (ma)      |

|               | MAR | APR | MAY | JUN | JUL | AUG | SEPT |
|---------------|-----|-----|-----|-----|-----|-----|------|
| <b>Female</b> | 10  | 9   | 9   | 10  | 10  | 12  | 14   |
| <b>Male</b>   | 16  | 16  | 16  | 19  | 19  | 20  | 28   |

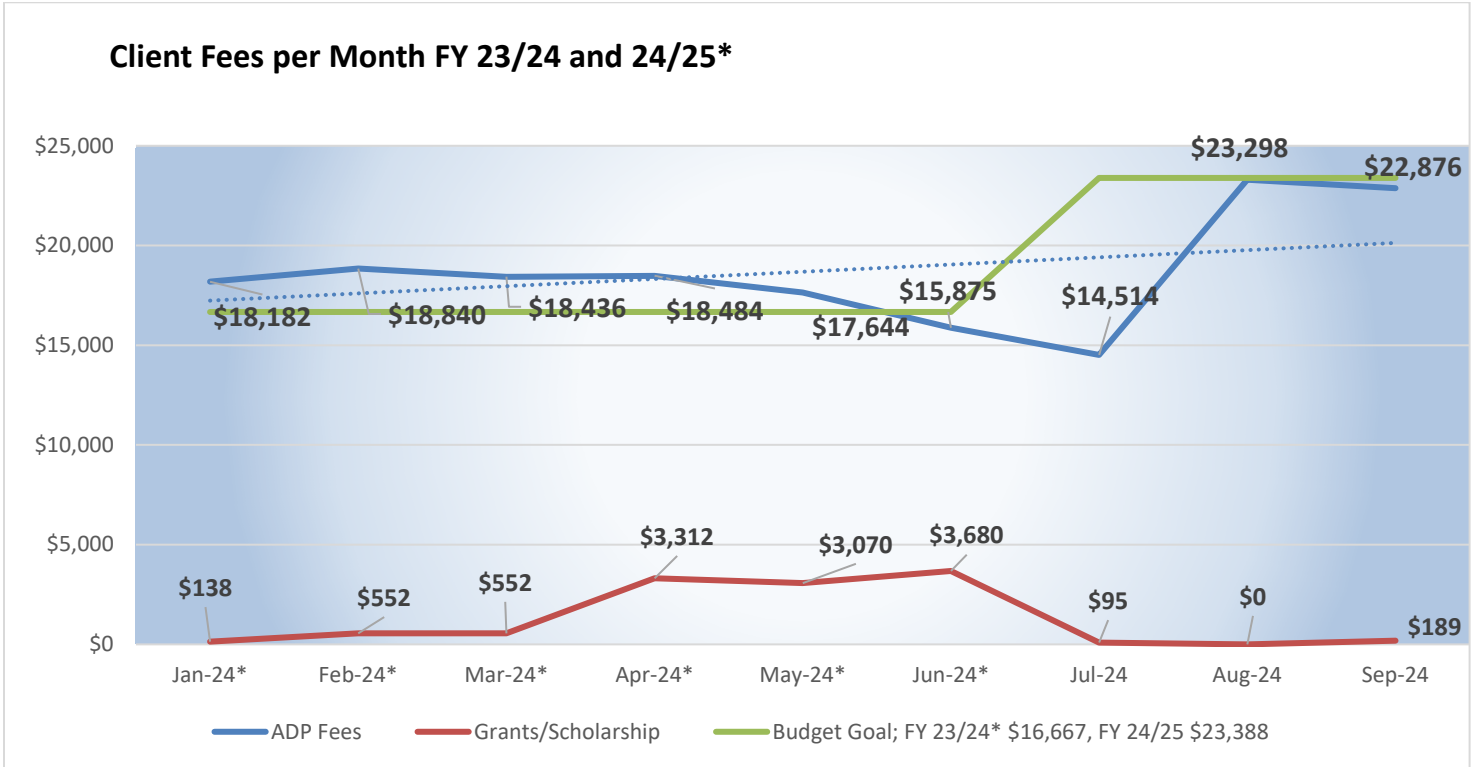
### ATTENDANCE BY # OF DAYS PER WEEK



### # of service hours per week



### Client Fees per Month FY 23/24 and 24/25\*



\*debit/credit margins for refunds; does not include property tax allocation

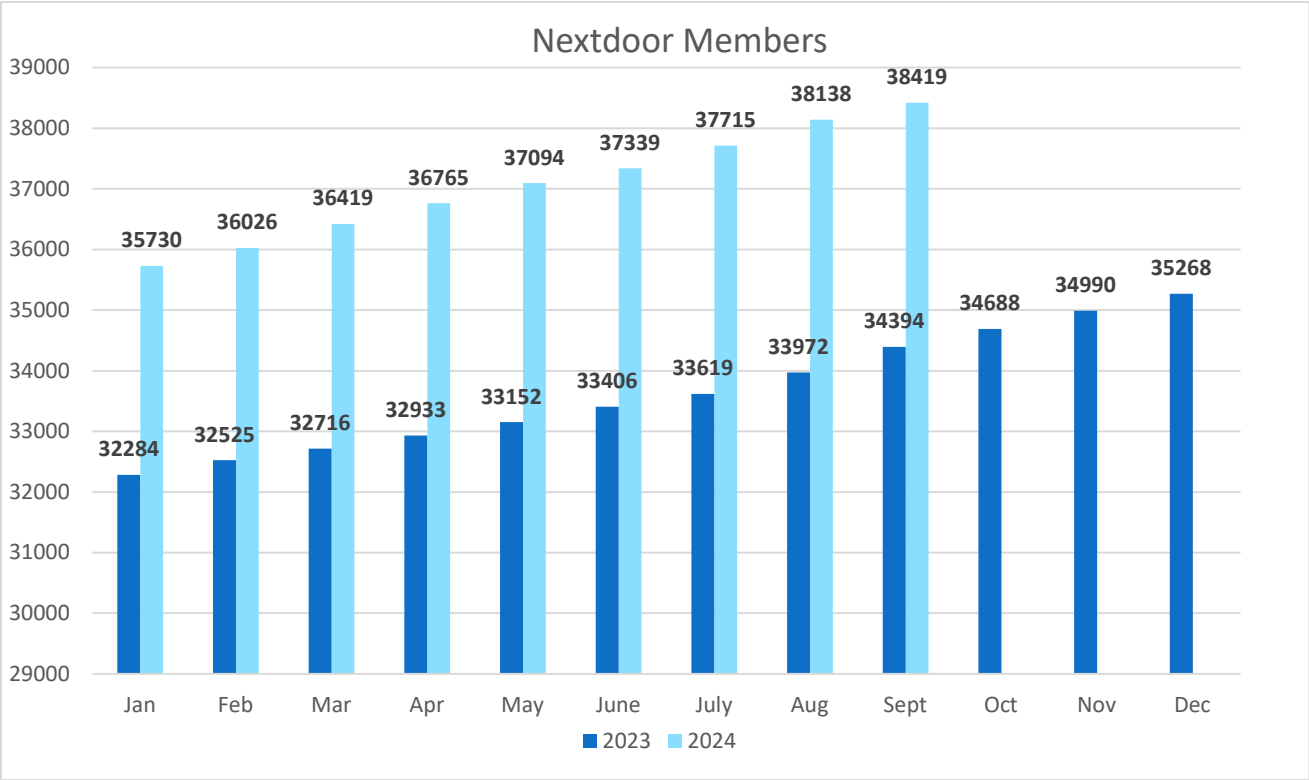
# MEMORANDUM

**DATE:** Oct. 7, 2024  
**TO:** Kara Ralston, CEO  
**FROM:** Michelle Rogers, Community Education & Outreach Manager  
**SUBJECT:** *Monthly Program Report: September 2024*

## PROGRAM DESCRIPTION – Social Media

Community Education & Outreach focuses on developing, producing and facilitating the various educational and outreach platforms of Camarillo Health Care District, including:

- highlight classes, services, programs and departments, and posting consistently
- boost brand awareness by creating original content
- share timely and varied posts to create a dynamic social media portfolio
- curate, like and comment on content that aligns with mission; follow/like local agencies
- maintain a pulse on community conversations to help expand audience
- increase community engagement by asking and answering questions, hosting polls, and sharing our own thought leadership pieces that initiate and inform conversations.



### NEXTDOOR

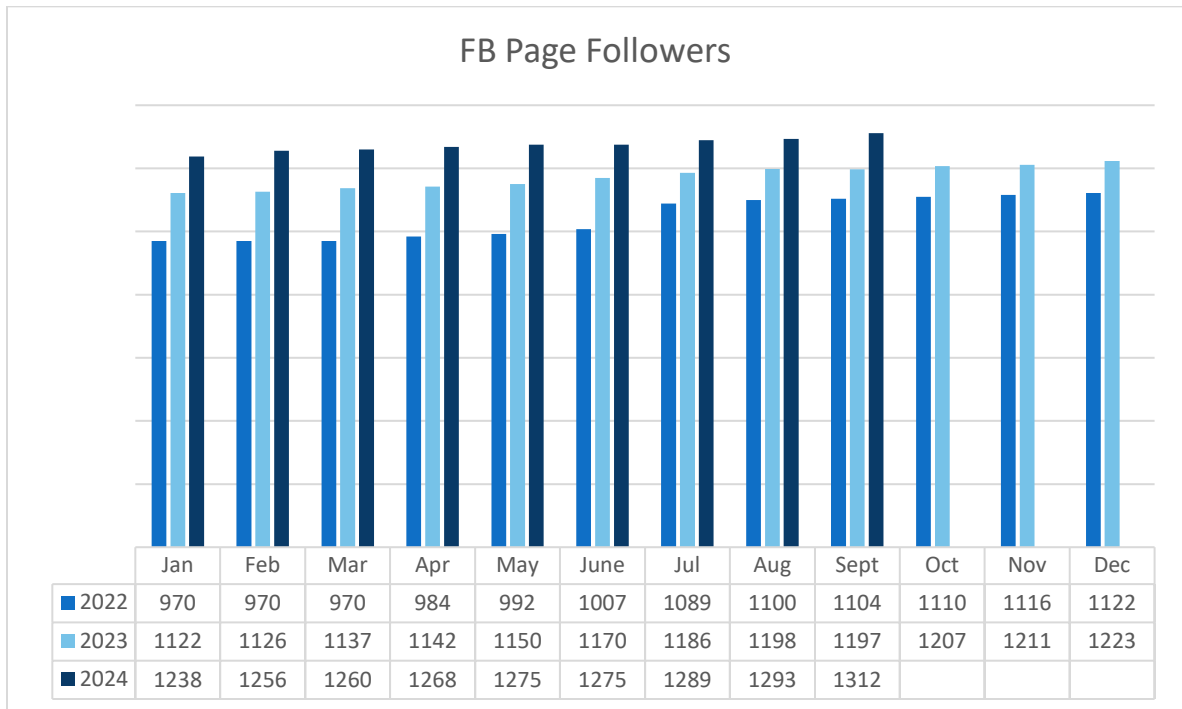
- There are 38,419 members in the geographic area we reach in Camarillo and Somis.
- 55,981 total impressions in September, up 3,562 from August.
- 116 total interactions, down 14 from last month.

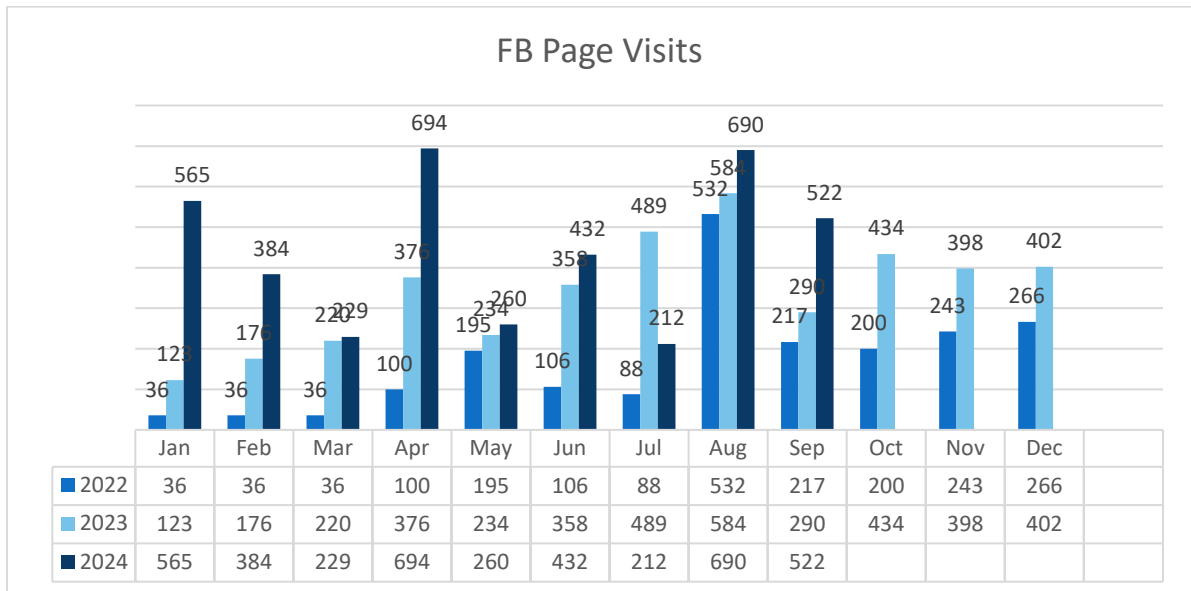
- **Impressions** are the number of times a post is seen (may include multiple views by the same people); **Interactions** include likes and comments.
- MOST POPULAR: Job posting; 3,221 impressions and 3 interactions.
- 2nd MOST POPULAR: Social Media Basics class; 3,114 impressions and 7 interactions.

**FACEBOOK**

40% (473) of FB audience lives in Camarillo; 87% are women age 35-65+.

- PAGE VISITS: last 30 days, 522 visits; last 90 days, 1,600.
- HIGHEST REACH: Dental implants presentation, 794 reaches. (30,200 for the month boosted by paid ad)
  - **Reach** is the number of people who saw any post at least once.
  - **Impressions** are the number of times a post is seen and may include multiple views of the post by the same people.
- HIGHEST REACTIONS: Walking Group, 12 reactions. (273 reactions for the month; boosted by paid ad)
- HIGHEST ENGAGEMENT: Dental implants presentation with 42 engagements. (2,925 engagements for the month; boosted by paid ad)
  - **Engagements** are a combination of reactions, likes, comments and shares.



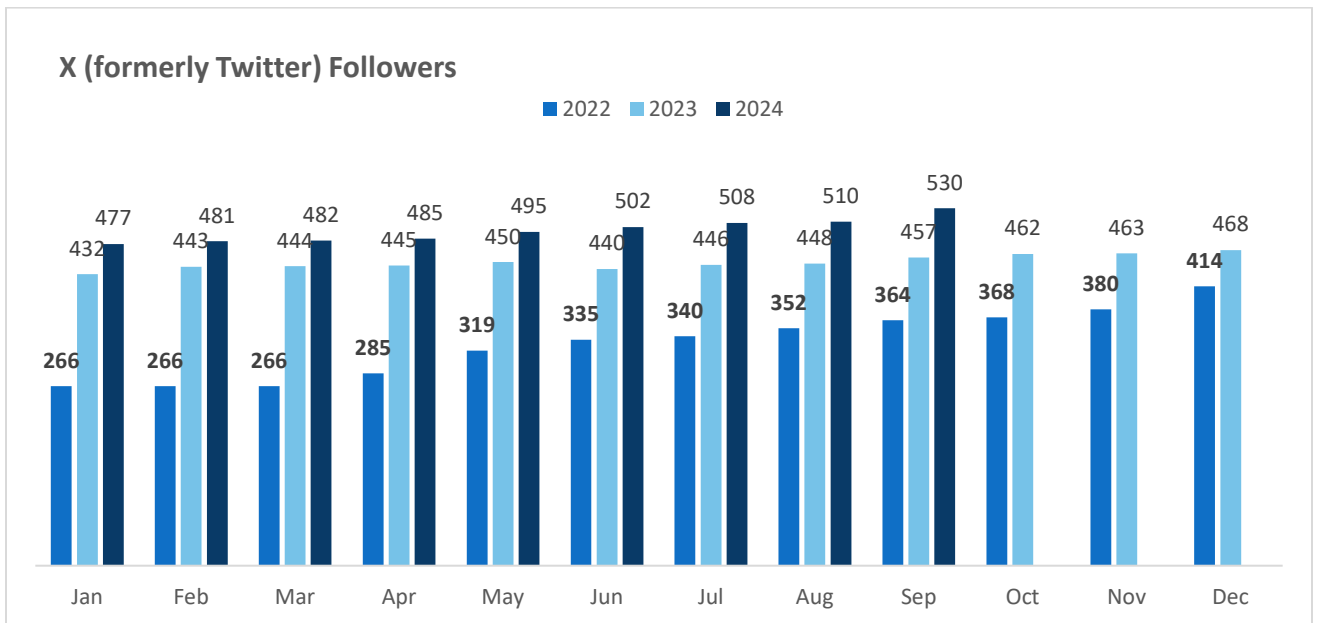


### X (formerly called Twitter)

There were 44 re-posts, 70 likes, 205 media views, 1,800 post impressions and an engagement rate of 9% for the month.

**Engagements** are clicks, retweets, replies, follows and likes; **Impressions** are the number of times a user saw the tweet; **Engagement rate** is the number of engagements divided by the total number of impressions. An engagement rate of 1-3% is considered “excellent.”

- TOP TWEET: Innovative Program of the Year award, 158 impressions and 7 engagements.
- HIGHEST ENGAGEMENT: Innovative Program of the Year award, with 7 engagements.

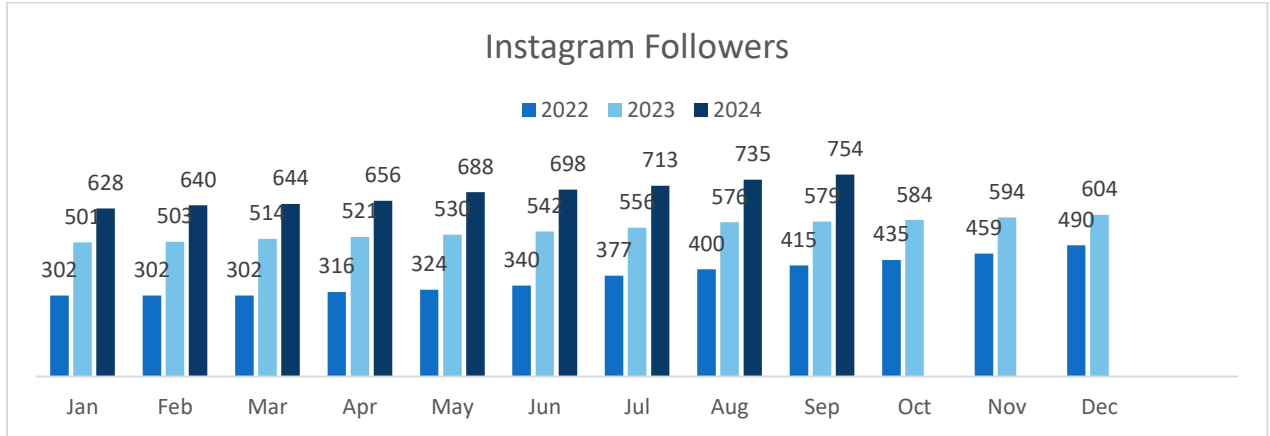




## INSTAGRAM

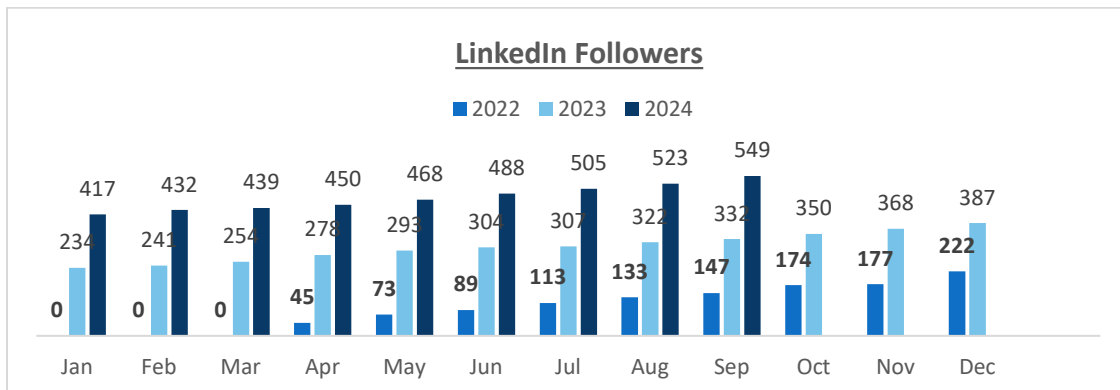
Instagram 90-day reach, 5,200; monthly, 1,300.

- HIGHEST REACH: Elder Legal Services, 34 people.
- HIGHEST LIKES ON A POST: Elder Legal Services, 7 likes.
- PROFILE VISITS: 57



## LINKEDIN

- 1,782 post impressions
  - **Impressions** are content viewed or displayed in a feed.
- MOST IMPRESSIONS: Dealing with Dementia workshop; 140 impressions.
- HIGHEST VIEWS: Dealing with Dementia workshop; 69 views.
- MOST REACTIONS: Innovative Program of the Year award; 8 reactions.
- Search appearance is up 8.1%; post impressions down 32% and unique visitors up 75%.



## YOUTUBE (6/2022)

- Posted 48 videos since inception.
- 120 subscribers
- 199 views for the month; 7.7hours of watch time.
- 80,300 views total.
- MOST VIEWED VIDEO: Care-A-Van Transportation Services; 70,447 views.
- SECOND MOST VIEWED VIDEO: Virtual tour of Adult Day Center; 1,658 views.
- TOP VIDEO OF THE MONTH: Innovative Program of the Year award, 56 views in September.

## **SOUNDCLOUD (podcast)**

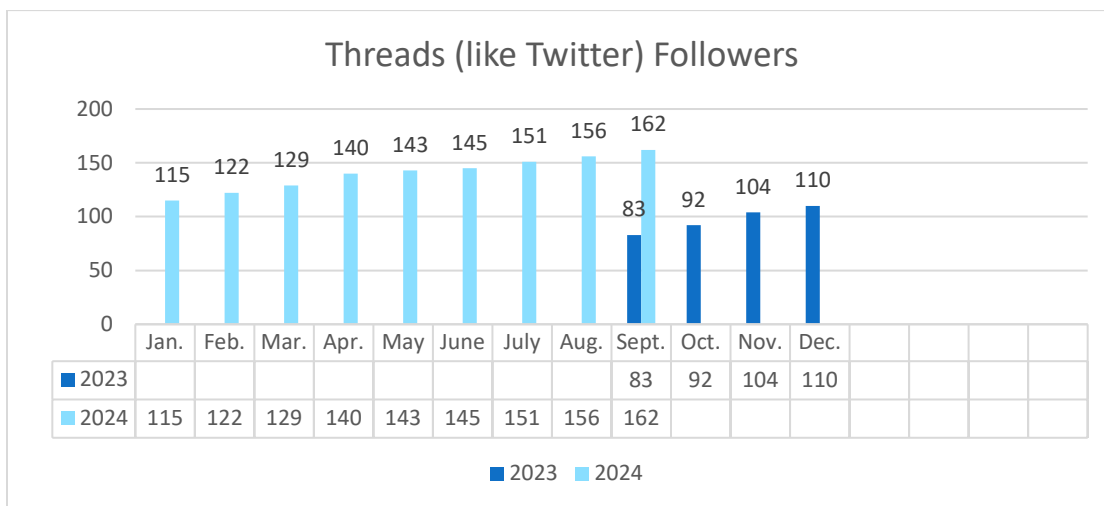
*(SoundCloud is the platform used for the District’s podcast which shares health and caregiver journeys, and true, first-person stories about life, love and learning.)*

- 11 “Stories from the Heart” podcasts.
- 935 all-time “listens.”
- 22 “likes.”

\*Most “plays” originating on our website (607), plus 290 downloads from Substack.

## **EMERGING SOCIAL MEDIA**

The social media landscape is always evolving and we watch trends to ensure we have a presence where our audience is on their preferred platforms. Some may be on Facebook or prefer Instagram, or use both. Others may have left X (formerly Twitter) for Threads, or joined Clapper as an alternative to TikTok. We now have a presence on both new platforms (Threads and Clapper), so we don’t miss anyone on social media with our messaging.



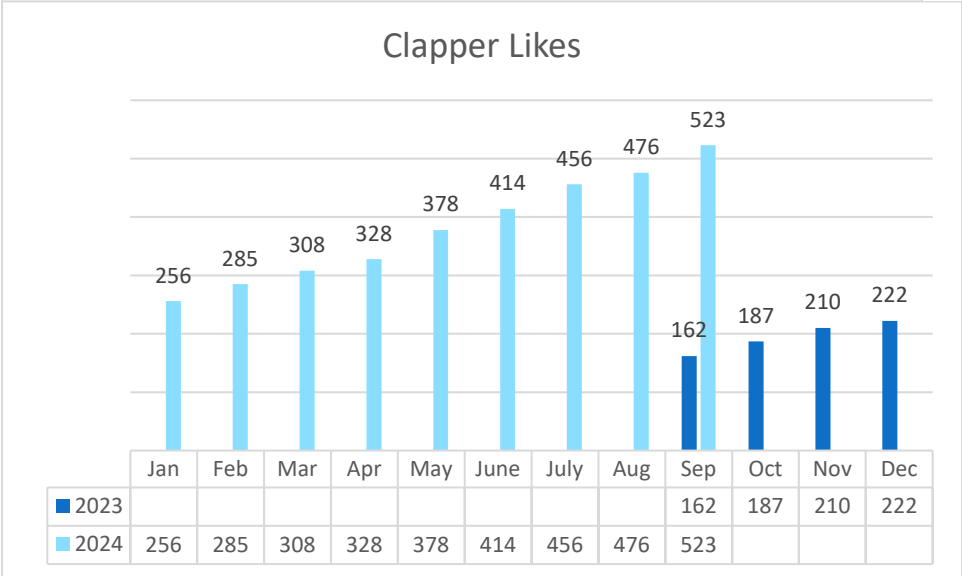
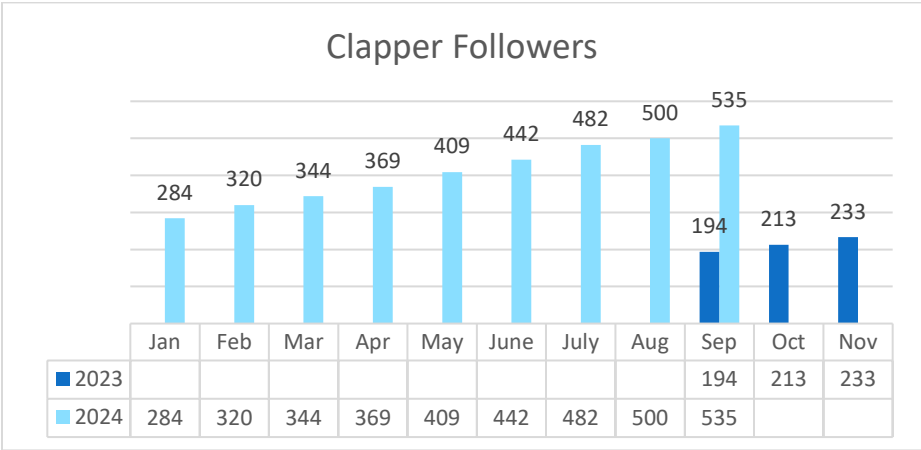
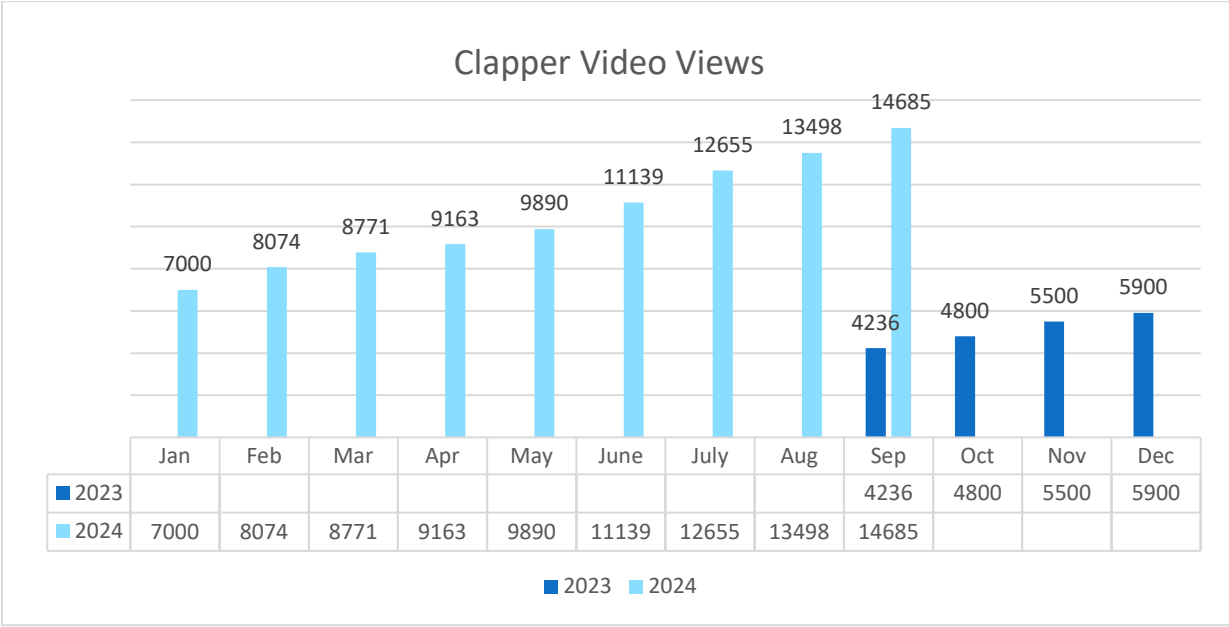
**THREADS** (7/2023): a Meta (Facebook/Instagram) product offered as an alternative to X, formerly Twitter, with the same functions: post words, photos, videos and links. Debuted in July 2023.

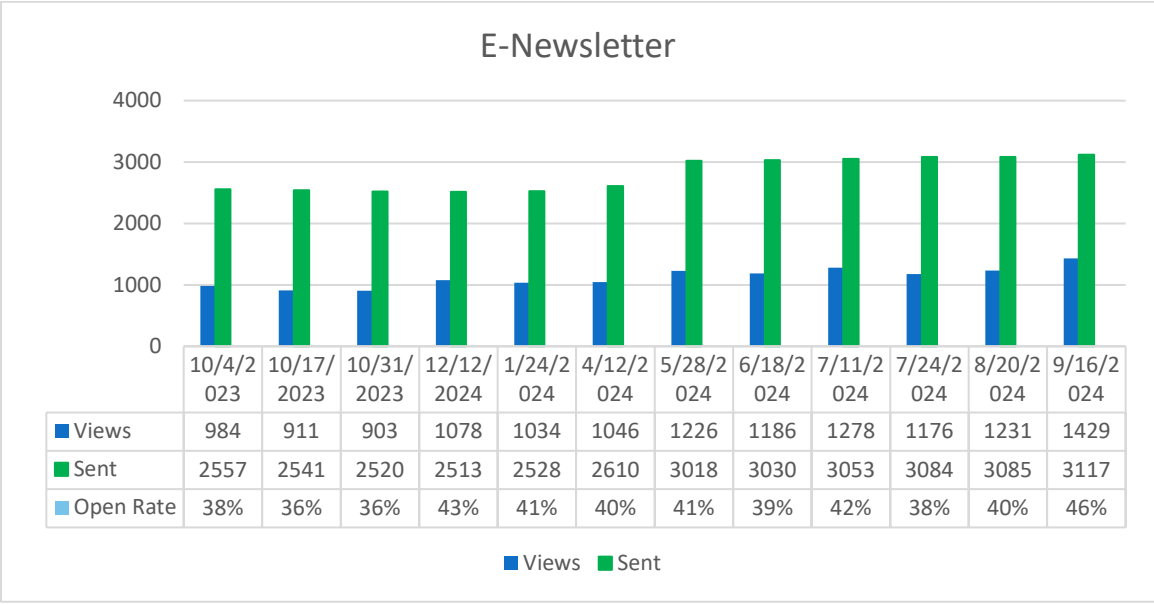
- 162 followers
- 229 views for September
- 24 posts for September
- 23 interactions

**CLAPPER** (3/2023): an American-owned alternative to TikTok, sharing short videos to communicate messages. It has many of TikTok’s features, including filters, effects and music options.

- We have shared nine videos since inception in March 2023 featuring our Adventures in VR classes, Digital Bridge appointments, Adult Day Center craft activity, Dogs on a Leash, Adult Day Center activity ring toss, magic table activity, ADC overview of activities and

innovation award. These videos have 14,685 views and 523 likes in total, and we have 535 followers.





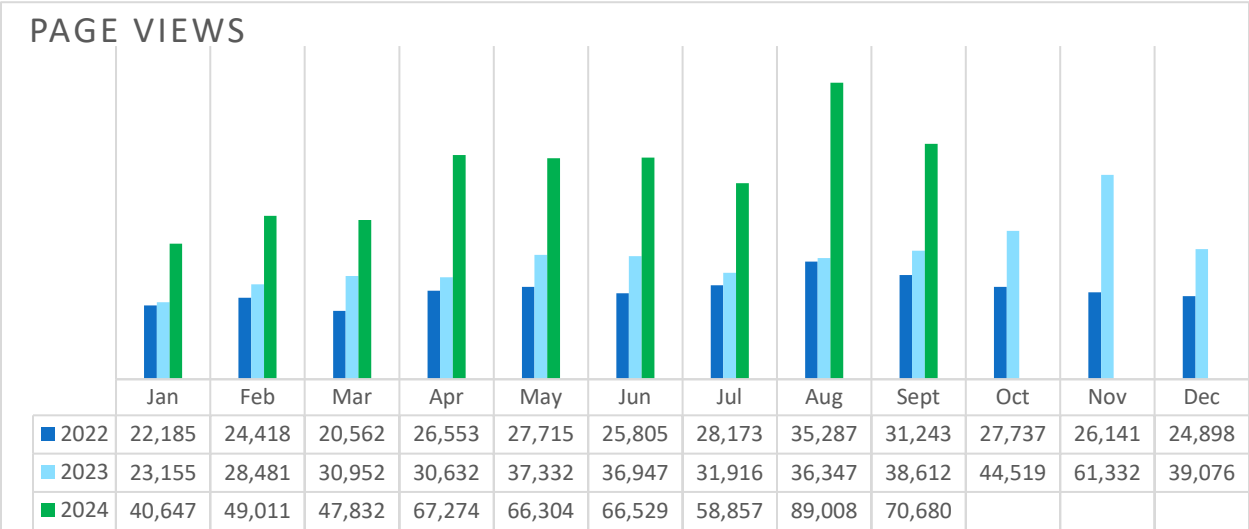
**E-Newsletter** (launched June 2, 2022)

Since the launch of the e-newsletter in June 2022, a total of 31 newsletters have been sent. The open rate has been averaging 40%, which is considered a “top-tier score”; marketing experts say average open rate should be 15-25%.

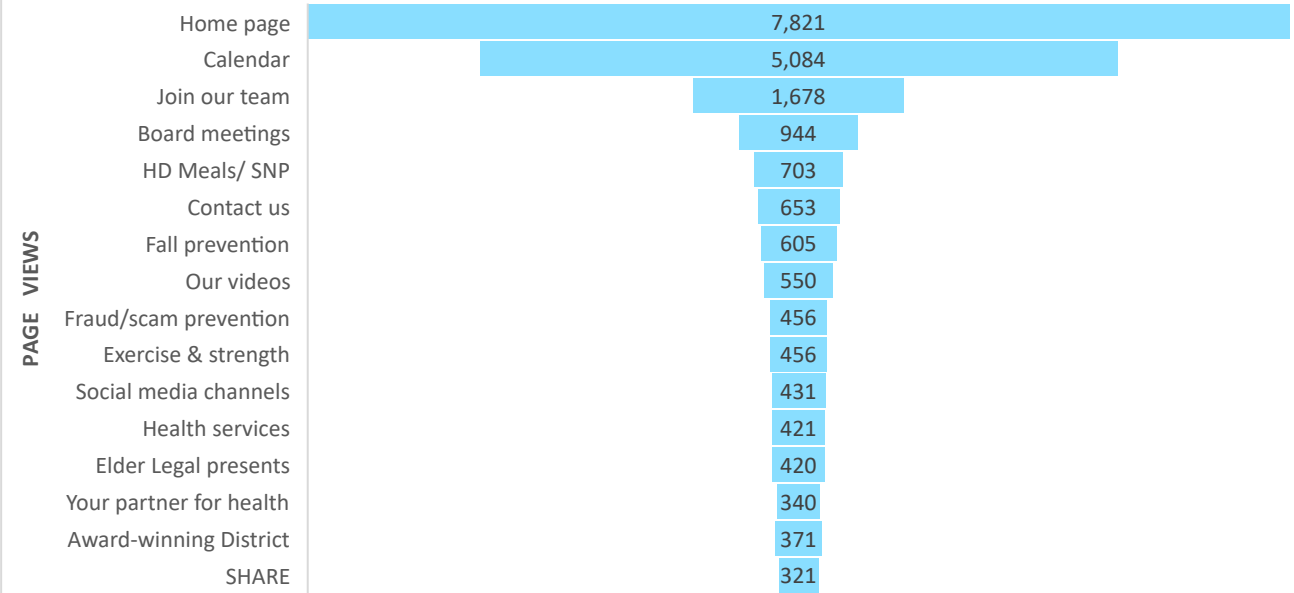
- **Newsletter Sept. 16, 2024**
  - Focused on the District winning Innovative Program of the Year for BALANCEfit and POWERfit Fall Prevention program.
  - 3,117 people received the e-newsletter
  - 1,429 opened and viewed it
  - 46% open rate (average open rate is 15-25%)

**Website**

September: 70,680 views; Average 37,000 views/month.  
 YOY growth: September 2024 shows 32,068 more views than September 2023.

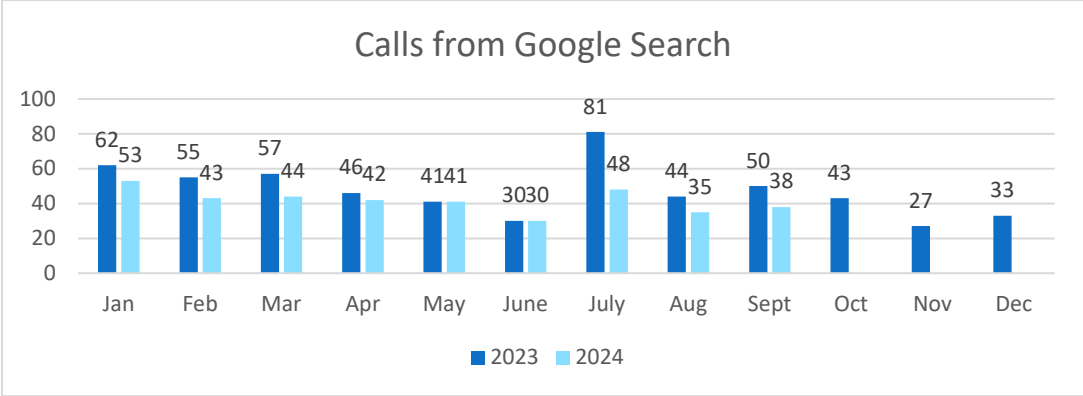


# MOST POPULAR CONTENT ONLINE

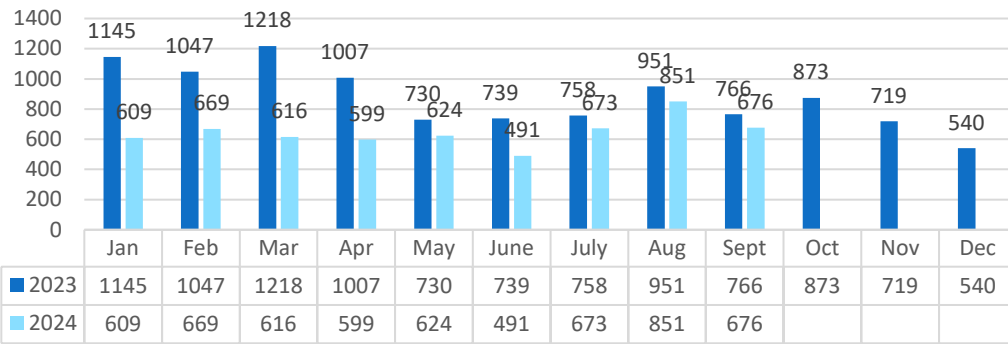


## Google Business Profile Report

Sixty-three people sought directions to our campus via Google and 100 people visited our website from a Google search. We’ve had 201 business profile interactions, including calling or seeking directions from Google. (Note: Google has changed its methodology for tracking profile views and this has resulted in potentially lower numbers because now multiple views by the same user within 24 hours count as one unique impression.)

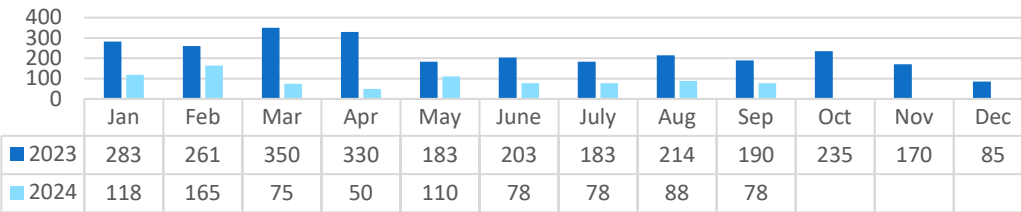


### Google Profile Views



2023 2024

### Google Searches for 'Camarillo Health Care District'



2023 2024

## September 2024 Report

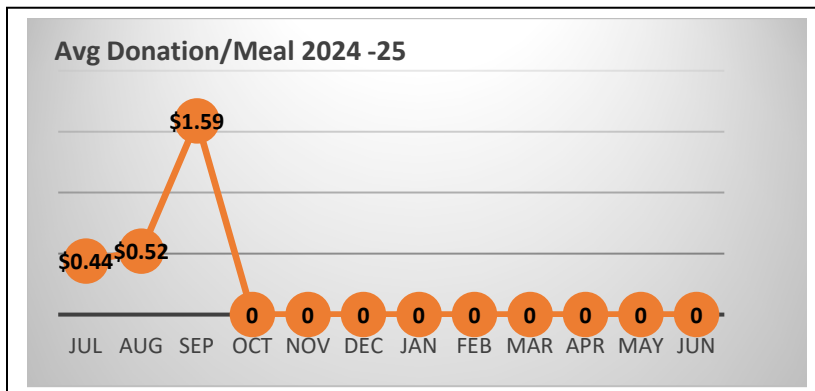
**Date:** October 11<sup>th</sup>, 2024  
**To:** Kara Ralston, CEO  
**From:** Blair Barker, Program Officer  
 Luis Morales, Care Services Director  
 April Colbert, Senior Nutrition Coordinator  
 Monthly Program Report: **September 2024**

The Senior Nutrition Program (SNP) provides supplemental nutrition for Camarillo area residents aged 60 and over through the Ventura County Area Agency on Aging’s (VCAAA) nutrition grant program, in efforts to enhance physical, mental, and emotional well-being. Home Delivered Meals (HDM) are delivered to homebound seniors who are unable to procure or prepare their own meals, and include fresh fruit, dairy and grain products as supervised by VCAAA registered dietician. Up to 5 meals/week are delivered in a bundle once each week.

The District began administrating the operational arm of the Senior Nutrition Program in April 2005, under grant funding from the Ventura County Area Agency on Aging (VCAAA). In FY 2006/07, the City of Camarillo approved funding support for the Home Delivered portion of the Senior Nutrition. VCAAA manages the food procurement part of the program, while the District provides the operational and logistical support of implementation. Since the District’s participation in this program, more than 614,000 meals have been delivered.

|                            | Sept 2024 | Unduplicated Clients FYTD |
|----------------------------|-----------|---------------------------|
| <b>New clients</b>         | +18       | *252                      |
| <b>Disenrolled Clients</b> | -11       |                           |
| <b>Net Gain</b>            | +7        |                           |

*\*May include clients currently on hold*



There is no charge per funding agreement but a \$4.00 per meal contribution is suggested by VCAAA.

| TOTAL MEALS DELIVERED (cumulative)                             |                | VCAAA Funding | VCAAA meals granted | % program split     | City Funding (HDM only) | City CBDG CV3 Funding (HDM only) |
|--|----------------|---------------|---------------------|---------------------|-------------------------|----------------------------------|
| Program began April 1, 2005                                    |                | \$27,602      |                     |                     |                         |                                  |
| Total meals served FY 2005-2006                                | 34,382         | \$52,099      |                     |                     |                         |                                  |
| Total meals served FY 2006-2007                                | 28,234         | \$84,468      |                     |                     | \$32,000                |                                  |
| Total meals served FY 2007-2008                                | 27,332         | \$79,978      |                     |                     | \$32,000                |                                  |
| Total meals served FY 2008-2009                                | 26,168         | \$82,424      |                     |                     | \$35,000                |                                  |
| Total meals served FY 2009-2010                                | 27,132         | \$82,259      |                     |                     | \$37,000                |                                  |
| Total meals served FY 2010-2011                                | 22,598         | \$84,166      | 25,700              | 62% HDM<br>38% Cong | \$37,000                |                                  |
| Total meals served FY 2011-2012                                | 15,936         | \$69,536      | 23,710              | 62% HDM<br>38% Cong | \$37,000                |                                  |
| Total meals served FY 2012-2013                                | 12,941         | \$60,800      | 20,075              | 96% HDM<br>4% Cong  | \$37,000                |                                  |
| Total meals served FY 2013-2014                                | 19,452         | \$52,572      | 18,600              | 97% HDM<br>3% Cong  | \$37,000                |                                  |
| Total meals served FY 2014-2015-<br>(HDM+C)                    | 23,036         | \$52,572      | 20,460              | 97% HDM<br>3% Cong  | \$37,000                |                                  |
| Total meals served FY 2015-2016<br>(HDM+C)                     | 22,799         | \$55,942      | 20,460              | 97% HDM<br>3% Cong  | \$37,000                |                                  |
| Total meals served FY 2016-2017<br>(HDM+C+ ARCH)               | 23,148         | \$69,660      | 22,320              | 93%HDM<br>7% Cong   | \$37,000                |                                  |
| Total meals served FY 2017-2018<br>(HDM+C+ARCH)                | 25,396         | \$69,375      | 22,500              | 97%HDM<br>3% Cong   | \$37,000                |                                  |
| Total meals served FY 2018-2019<br>(HDM+C)                     | 29,883         | \$73,750      | 24,000              | 98% HDM<br>2% Cong  | \$37,000                |                                  |
| Total meals served FY 2019-2020<br>(HDM+C)                     | 39,719         | \$84,375      | 27,500              | 96%HDM<br>4% Cong   | \$37,000 +<br>\$7500    |                                  |
| Total meals served July 2020- June<br>2021 (HDM + Cong.)       | 77,228         | \$96,058      | 30,250              | 96%HDM<br>4% Cong   | \$37,000                |                                  |
| FYTD Total meals served July 2021 -<br>June 2022 (HDM + Cong.) | 49,689         | \$96,058      | 30,250              | 96% HDM<br>4% Cong  | -                       | \$50,000                         |
| FYTD Total meals served July 2022<br>– June 2023 (HDM + Cong.) | 52,766         | \$96,058      | 30,250              | 96% HDM<br>4% Cong  | -                       | \$50,000                         |
| <b>FYTD Total meals served July 2023<br/>– June 2024 (HDM)</b> | 50,064         | \$186,660     | 51,000              | 100% HDM            | -                       | \$50,000                         |
| <b>FYTD Total meals served July 2024<br/>– June 2025 (HDM)</b> | 10,126         | \$204,733     | 45,000              | 100% HDM            | \$40,000                | -                                |
| <b>TOTAL cumulative meals</b>                                  | <b>614,276</b> |               |                     |                     |                         |                                  |



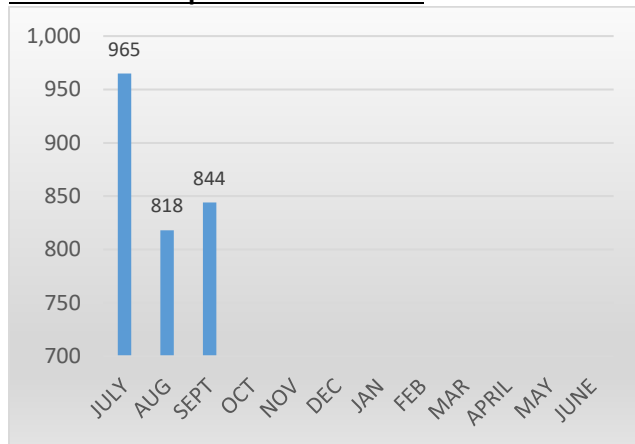
## NEW CLIENTS

| Referral Source                                    | # of clients |
|--|--------------|
| Friend/Neighbor/Family                             | 10           |
| Acorn  | -            |
| Former Congregate Client                           | -            |
| Website/ Social Media                              | 1            |
| Healthy Attitudes magazine                         | -            |
| Health Care Provider:<br>APS/Hospital/Doctor/SWrkr | 5            |
| VCAAA  | -            |
| Previous Client                                    | 1            |
| Internal District referral                         | 1            |
| Walk-in  | -            |
| Hospice  | -            |
| OASIS Catholic charities                           | -            |
| Project HOPE                                       | -            |
| <b>TOTAL</b>                                       | <b>18</b>    |

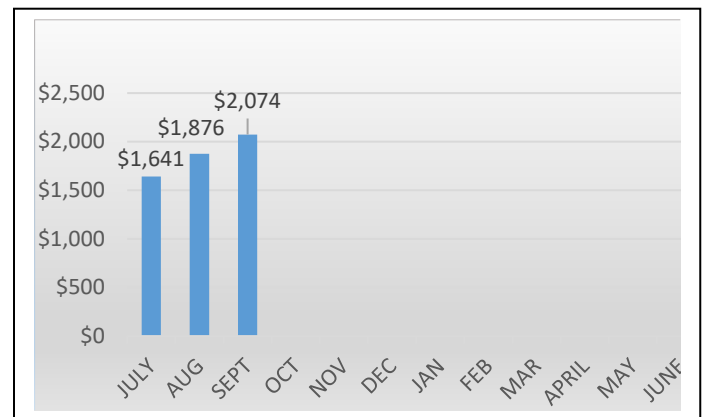
## CANCELLATIONS

| Reason Given                         | # of clients |
|--------------------------------------|--------------|
| No longer requires services          | 4            |
| Family/Caregiver now providing meals |              |
| Moved in with family                 | -            |
| Moved into care facility             | 2            |
| Moved to alternate program           | 1            |
| No longer meets criteria             | -            |
| Health improved: able to cook        | -            |
| Dietary restrictions                 | 3            |
| Relocation out of service area       | 1            |
| Deceased                             |              |
| On hold for extended time            | -            |
| <b>TOTAL</b>                         | <b>11</b>    |

## Clients Served per Month 2024-25



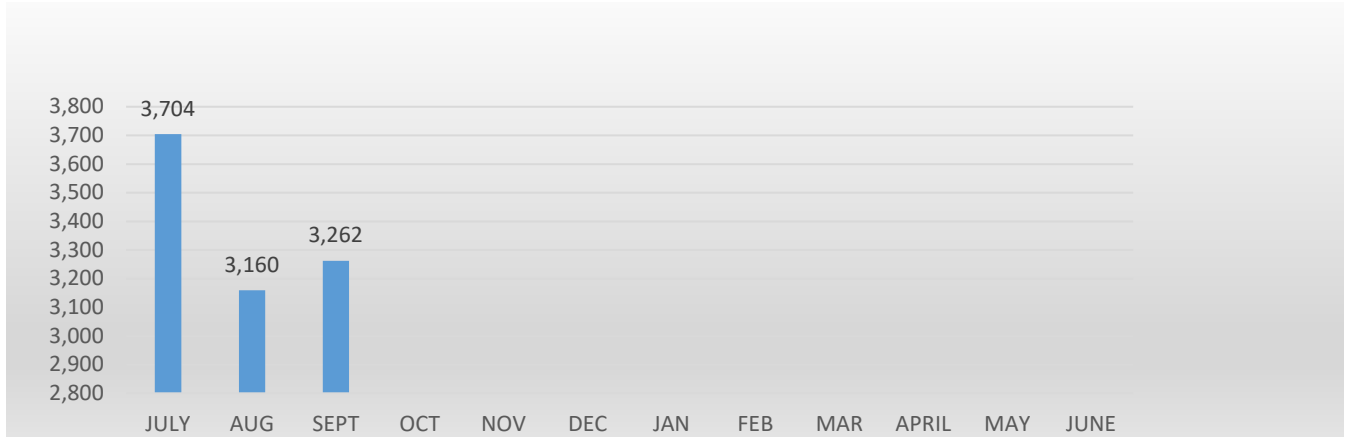
## Donations Rec'd per Month 2024-25



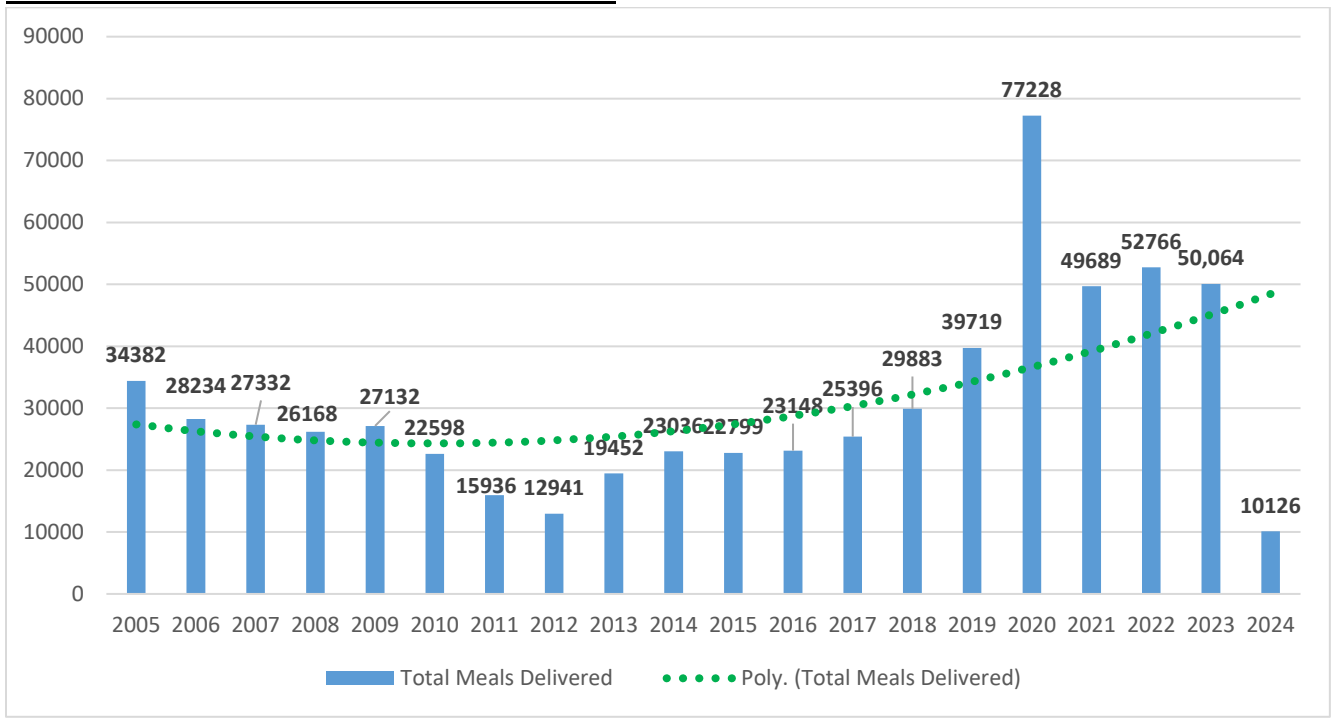
\*client count is duplicated count as clients receive meals each week

\*\* Meals served per month change if clients are on hold or meals are returned.

**Total Meals Delivered/Month 2024-25**



**Total Meals Delivered: Multi-Year View**



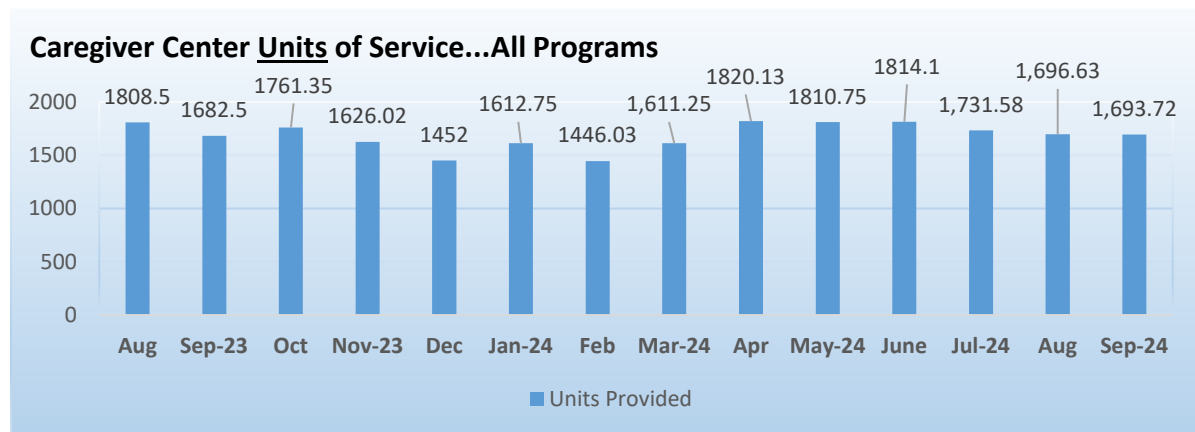
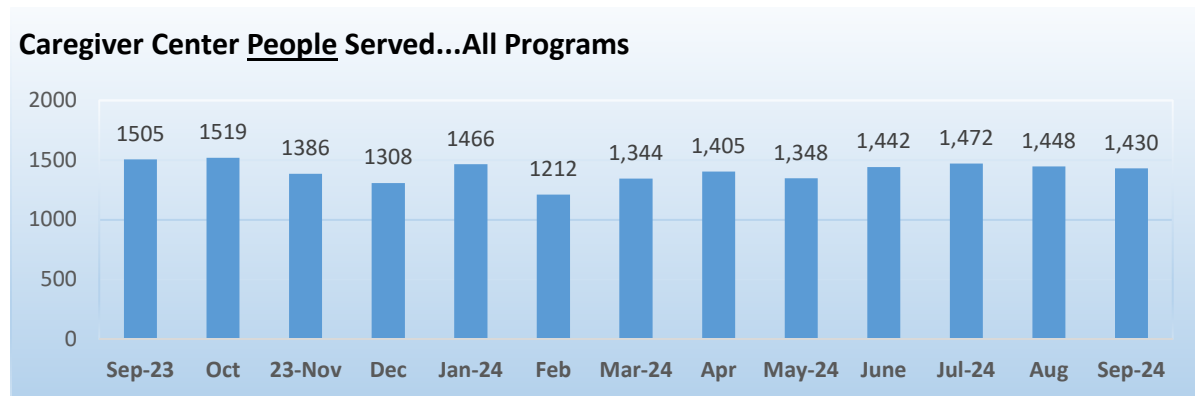
# MEMORANDUM

DATE: October 7, 2024  
TO: Kara Ralston, CEO  
FROM: Blair Barker, MPH, Program Officer  
Caregiver Center of Ventura County  
RE: September 2024 Monthly Report

## PROGRAM DESCRIPTION

The goal of the Caregiver Center is to decrease the impact of caregiver burden and empower people to better health. This is accomplished through strategic partnerships with medical and community-based providers for the delivery of caregiver education and training, access to resources, and increased quality of life outcomes. The Caregiver Center has a comprehensive array of programs and services including Powerful Tools for Caregivers, Personalized Care Consultations, Senior Support Line, Caregiver Skill-building, Respite Services, Home Modification Services, Dementia Education Classes, Support Groups, Walk-in Inquiry, and Caregiver Reminder Contacts.

## Overview of Units of Service Provided



| Program   | September - Units | September - People |
|---|-------------------|--------------------|
| Dealing with Dementia: class                                      | 0                 | 0                  |
| Dementia Live: class  | 0                 | 0                  |
| Powerful Tools for Caregivers: Virtual Class                      | 0                 | 0                  |
| Care Consultation: in-person and virtual                          | 2.25              | 2                  |
| Care Consultation: phone and email                                | 16.75             | 14                 |
| Caregiver Support Group   | 16.5              | 10                 |
| Respite: In Home Hours  | 49.5              | 4                  |
| Respite: ADP Hours  | 7                 | 1                  |
| Home Modifications: Units Installed                               | 0                 | 0                  |
| Assistive Devices: Units installed                                | 0                 | 0                  |
| Senior Support Line: Peer Counseling                              | 68                | 44                 |
| Senior Support Line: Telephone Reassurance                        | 96.72             | 55                 |
| Caregiver Wellness Screening (Zarit Burden)                       | 0                 | 0                  |
| Depression Screening (PHQ-9)                                      | 0                 | 0                  |
| Client follow-up ( <i>in-person, phone call, email, similar</i> ) | 362               | 323                |
| Client Walk-ins   | 11                | 11                 |
| Resource & Education Request                                      | 342               | 307                |
| Inquiry response: Email/phone reply                               | 329               | 298                |
| Caregiver Email Outreach  | 393               | 361                |
| <b>TOTAL</b>  | <b>1,693.72</b>   | <b>1,430</b>       |

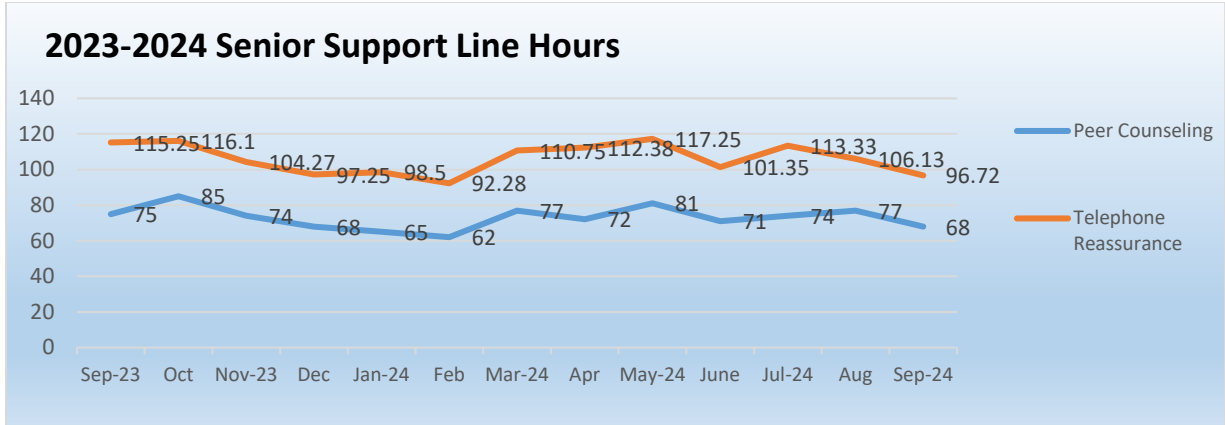
### **Caregiver Education: Powerful Tools for Caregivers & Dealing with Dementia Programs**

| Caregiver Education | September | FYTD     | Annual Contract Goal* | Target % of Contract Goal |
|---------------------|-----------|----------|-----------------------|---------------------------|
| Total Client Units* | 0         | 0        | 113                   | 0%                        |
| Clients served      | 0         | 0        | N/A                   | N/A                       |
| <b>TOTAL</b>        | <b>0</b>  | <b>0</b> | <b>N/A</b>            | <b>N/A</b>                |

*\*This number includes the VCAAA Caregiver Education grant funded programs (partially funded through Older Americans Act, Title III E) Powerful Tools for Caregivers class sessions (virtual and in-person class series) and Dealing with Dementia. This chart represents counts of clients served as well as the hours provided by the Center through these two programs, as reported to VCAAA (which may differ from what is reported in larger chart above).*

### **Senior Support Line**

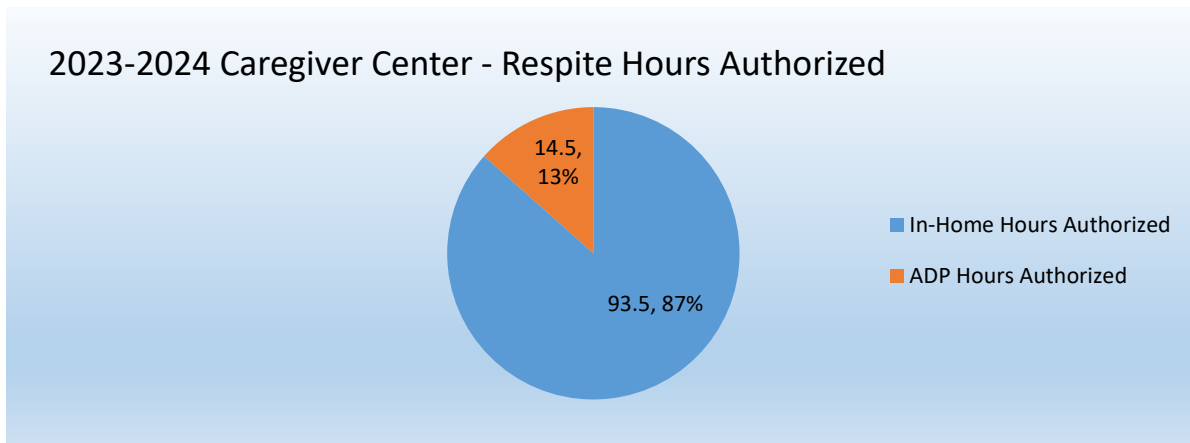
This chart represents measures of Senior Support Line (SSL) activities, either peer counseling or telephonic reassurance. Partially Funded Program through Older Americans Act federal funding, SSL is a toll-free reassurance and socialization program for Ventura County residents aged 60 and older, providing emotional and social support to reduce risks of isolation, socialization, wellness and safety checks, and connections to community resources.



| Senior Support Line (Title IIIB)                             | September     | FYTD            | Annual Contract Goal | Target % of Contract Goal |
|--|---------------|-----------------|----------------------|---------------------------|
| Peer Counseling: Hours                                       | 68            | 219             | 616                  | 36%                       |
| Peer Counseling: Persons Served (unduplicated monthly)       | 44            | 139             | 375                  | 37%                       |
| Telephone Reassurance: Hours *                               | 96.72         | 316.18          | N/A                  | N/A                       |
| Telephone Reassurance: Contacts                              | 267           | 872             | 2,236                | 39%                       |
| Telephone Reassurance: Persons Served (unduplicated monthly) | 55            | 179             | 278                  | 64%                       |
| <b>TOTAL</b>   | <b>530.72</b> | <b>1,725.18</b> | <b>N/A</b>           | <b>N/A</b>                |

### Respite Hours

This chart and table represent measures of Respite hours and clients served by those hours, either in-home and/or at the Adult Day Center. The District periodically receives funding for in-home respite and adult day center respite through Older Americans Act, Title IIIE funding awarded by the VCAA.



| <b>Respite (Older Americans Act Title III E)</b> | <b>September</b> | <b>FYTD</b> | <b>Annual Contract Goal*</b> | <b>Target % of Contract Goal</b> |
|--|------------------|-------------|------------------------------|----------------------------------|
| Respite: In-home (hours)                         | 49.5             | 93.5        | 406                          | <b>22%</b>                       |
| Respite: In-home (people)                        | 4                | 8           | N/A                          | N/A                              |
| Respite: ADP (hours)                             | 7                | 14.5        | 489                          | <b>3%</b>                        |
| Respite: ADP (persons served)                    | 1                | 2           | N/A                          | N/A                              |
| <b>TOTAL</b>                                     | <b>61.5</b>      | <b>120</b>  | <b>N/A</b>                   |                                  |

### **Home Modifications and Assistive Devices**

This table reflects the number of home modifications (anything that requires a bolt, screw, etc.) and assistive devices (no installation required) that have been authorized. The District periodically receives funding for Home Modifications and Assistive Devices through Older Americans Act, Title III E funding awarded by the VCAAA.

| <b>Home Modifications (Title III E)</b> | <b>September</b> | <b>FYTD</b> | <b>Annual Contract Goal</b> | <b>Target % of Contract Goal</b> |
|---|------------------|-------------|-----------------------------|----------------------------------|
| Home Modifications: Units installed     | 0                | 4           | 66                          | <b>9%</b>                        |
| Home Modifications: Persons served      | 0                | 2           | N/A                         | N/A                              |
| Assistive Devices: Units provided       | 0                | 0           | 3                           | <b>0%</b>                        |
| Assistive Devices: Persons served       | 0                | 0           | N/A                         | N/A                              |
| <b>TOTAL</b>                            | <b>0</b>         | <b>6</b>    | <b>N/A</b>                  |                                  |

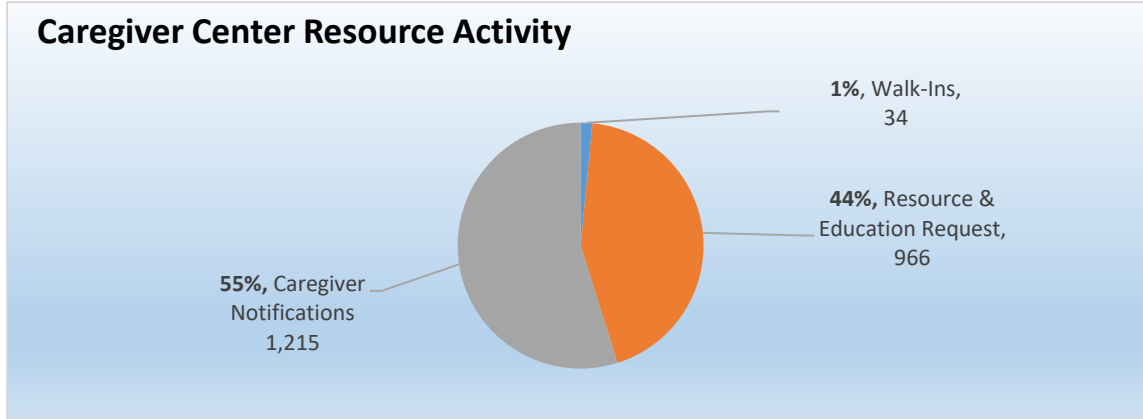
### **Dementia Friendly Caregiver Engagement Project**

Below is a table that represents monthly and FYTD counts of clients and organizations served by the Center's dementia education programs. Grant funding was previously provided by the Arthur N. Rupe Foundation and the California Department of Aging related to the Master Plan for Aging – bold goal # 4 (Caregiving that Works) for a grant called CalGrows to expand dementia specialty programs and services to family and professional caregivers. Currently these classes are partially funded by VCAAA caregiver training (III E funding).

| <b>Dementia Friendly Caregiver Trainings</b> | <b>September</b> | <b>FYTD</b> |
|--|------------------|-------------|
| Dementia Live: Hours                         | 0                | 24          |
| Dementia Live: Persons Trained               | 0                | 24          |
| Dealing with Dementia: Hours                 | 0                | 0           |
| Dealing with Dementia: Persons Trained       | 0                | 0           |
| <b>TOTAL</b>                                 | <b>0</b>         | <b>48</b>   |

**Caregiver Center Resource Activity**

This chart represents Resource Specialist activity for the fiscal year, with September 2024 shown in the data table below.



| Caregiver Center Resource Activity | September  | FYTD         |
|------------------------------------|------------|--------------|
| Client walk-ins                    | 11         | 34           |
| Resource & Education Request       | 342        | 966          |
| Caregiver Notification             | 393        | 1,215        |
| <b>TOTAL</b>                       | <b>746</b> | <b>2,215</b> |

The innovative dementia-specialty work accomplished in the Caregiver Center positions the District as a preferred provider to secure contracts and grant awards. The Center’s work contributes to the District’s strategic plan initiatives by providing evidence-based dementia training to caregivers to increase skillsets and education needed to provide quality care for their care partner and protect their own health.

# MEMORANDUM

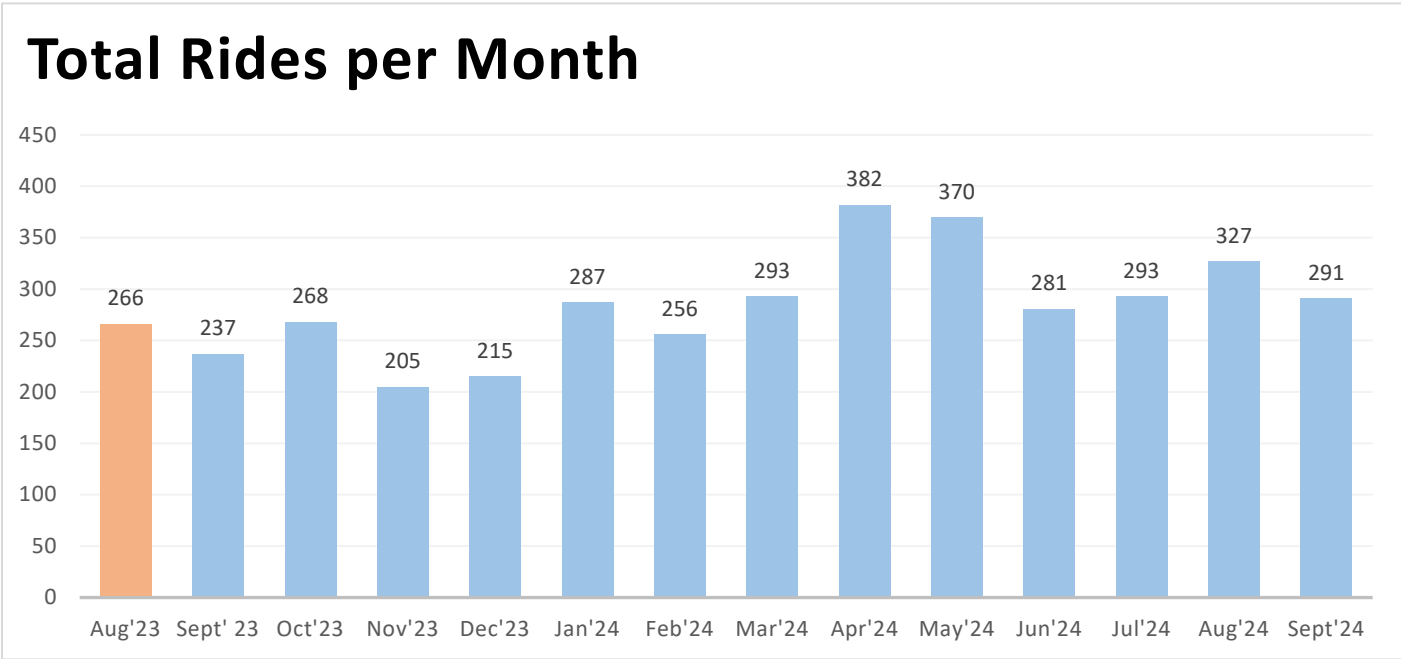
**DATE:** October 1, 2024  
**TO:** Kara Ralston, Chief Executive Officer  
**FROM:** Blair Barker, Program Officer  
**SUBJECT:** *September Monthly Report*


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## PROGRAM DESCRIPTION

Camarillo Health Care District provides door-through-door transportation for non-emergency medical appointments and other activities of daily living, including to and from District programs, throughout Ventura County. Drivers are trained in CPR and First Aid, and have additional sensitivity training in transporting frail, elderly cognitively challenged and mobility-challenged riders. Vehicles are equipped with hydraulic lifts to accommodate wheelchair clients, oxygen canisters, and other assistive mobility devices.

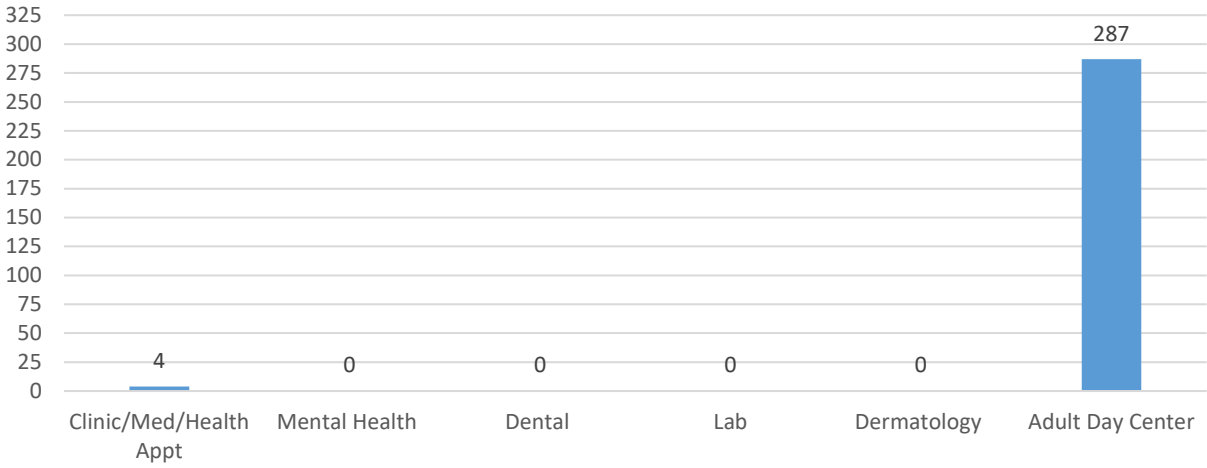
Rides originate in the service area and can be provided to destinations throughout Ventura County, and to Kaiser in Woodland Hills. Transportation services remain available with proper capacity, safety and spread mitigation limits.



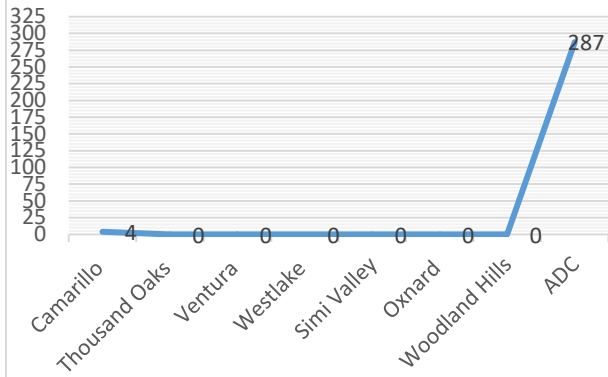
 *In partnership with the City of Camarillo, Care-A-Van transportation services provided free rides to Camarillo residents.*



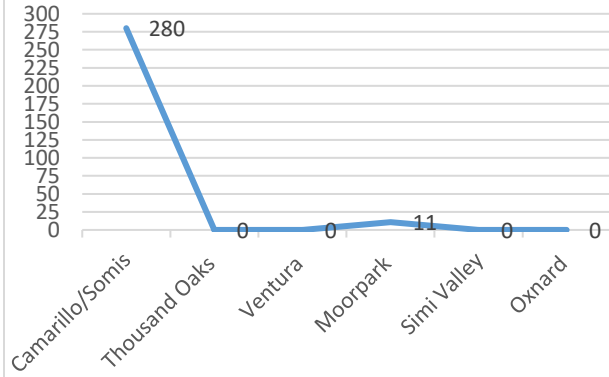
### Cause or Reason for Ride



### Ride Destinations



### Adult Day Ride Destinations





# Highlights

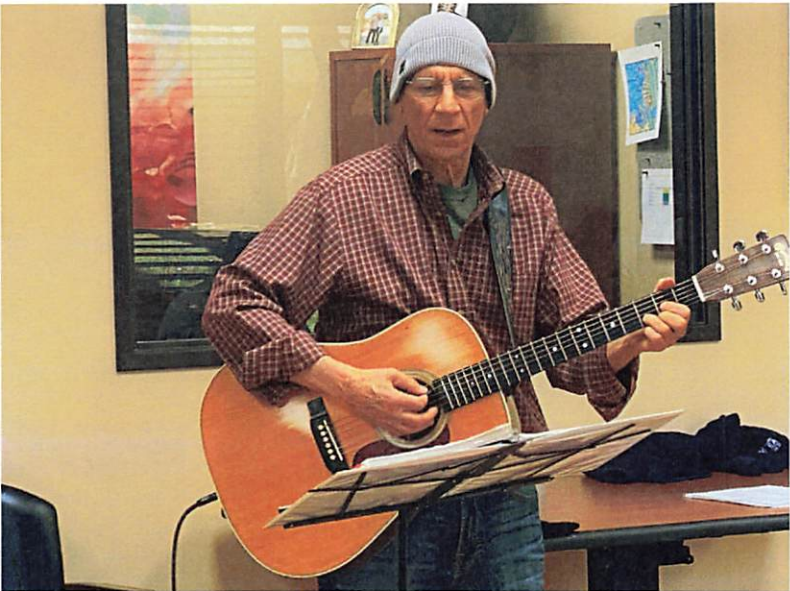
October 2024



Golfing in Adult Day Center



Enjoying The Little Zoo and pet therapy in Adult Day Center



Singing and music therapy in Adult Day Center





# Highlights

October 2024



Participating  
in 50Plus  
Expo 2024  
with PVRPD





# Highlights

October 2024



Staff attends CSDA annual conference 2024



Camarillo Health Care District (CHCD) offers a variety of educational opportunities to meet the needs of the community. Some of the programs offered are:

**Medicare Annual Enrollment Assistance** - Experts are available by appointment to guide residents to assure they get the best value for their healthcare. Assistance includes reviewing the process and answering questions, exploring new coverage options, comparing plans, and reviewing prescription coverage.

**Fridays, October 18, November 1 and November 15, 10:00 am to 2:00 pm.** Email [HICAP@ventura.org](mailto:HICAP@ventura.org) to request an Appointment Form, and a representative from the Ventura County Area Agency on Aging will contact you for a time to meet on the Camarillo Health Care District's campus.

**Gentle Yoga** - Improve flexibility, muscle tone, and stress alleviation. Sign up for 10-week series or drop in for single sessions:

- Tuesdays, October 29-January 14, from 9:00 am to 10:00 am
- Mondays, December 9-January 20, 3:45-4:45 pm.

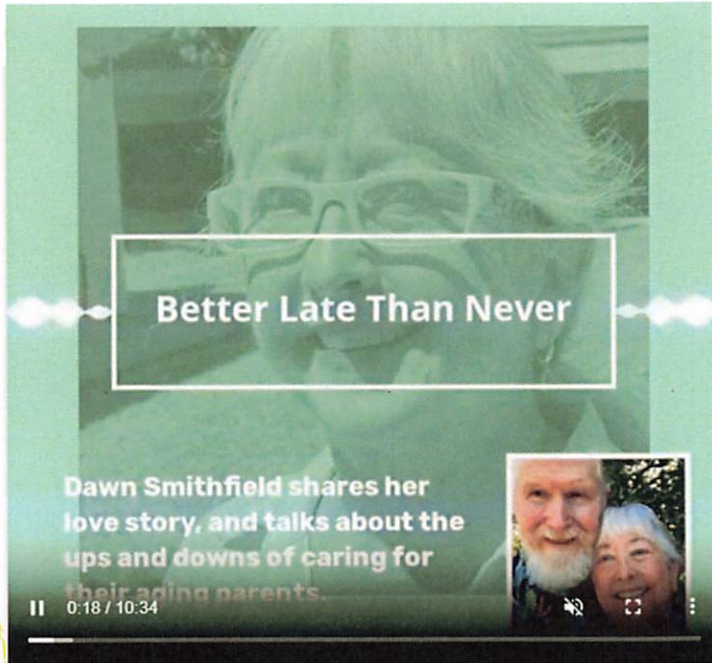
Cost is \$15 for drop-in or \$80 for the series. Non-District residents add \$4.

**Dealing with Dementia** - Learn tips for caregivers to find time for self-care and stress management. This program was developed by the Rosalynn Carter Institute as an evidence-informed educational support program for caregivers of people living with dementia. The two-part, four-hour workshop highlights the caregiving experience, reviews best practices in caregiving and problem solving with dementia behaviors. Workshop participants will receive a comprehensive manual for dementia caregivers on completion.

**December 4 and December 11, from 10:00 a.m. to noon.** Cost of materials is \$30, or \$34 for non-District residents.

**Depression and Caregiver Burden Screening** - A screening that utilizes the Zarit Burden Interview to assess a caregiver's perception of "burden" and the PHQ-9 Depression Screening tool.

## Shoutouts from Social Media



Posted to Subscribers of Camarillo Health Care District

4 1 - 2,475 Impressions



Neenie N. • Dara • 1w

I Always Look Forward To The "Stores From The Heart". Please Keep Them Coming!! Thank You Camarillo Health Care District!!

Like

**MONDAY, AUGUST 26**

**ADDITIONAL SENIORS MEETING** | 10 a.m. - 12 p.m. | The Senior Center will host an additional meeting for seniors interested in learning more about the services and programs offered by the Center. This meeting is open to all seniors and is a great opportunity to ask questions and get help with enrollment. [Click here for more information.](#)

**MONDAY, AUGUST 26**

**ADDITIONAL SENIORS MEETING** | 10 a.m. - 12 p.m. | The Senior Center will host an additional meeting for seniors interested in learning more about the services and programs offered by the Center. This meeting is open to all seniors and is a great opportunity to ask questions and get help with enrollment. [Click here for more information.](#)

**TUESDAY, AUGUST 27**

**THE 100th BIRTH ANNIVERSARY OF THE CAMARILLO HEALTH CARE DISTRICT** | 10 a.m. - 12 p.m. | Celebrate the 100th anniversary of the Camarillo Health Care District with a special event. The event will feature a presentation of the history of the District, a special meal, and a performance by the local school children. [Click here for more information.](#)

**WEDNESDAY, AUGUST 28**

**FREE SENIORS MEETING** | 10 a.m. - 12 p.m. | The Senior Center will host a free meeting for seniors interested in learning more about the services and programs offered by the Center. This meeting is open to all seniors and is a great opportunity to ask questions and get help with enrollment. [Click here for more information.](#)

**NOT DRIVING ANYMORE?**  
 FREE UP YOUR DRIVEWAY/PARKING GARAGE  
**I PAY CASH FOR CARS**  
 RUNNING OR NOT  
 ESTIMATES BY PHONE  
 FREE TOWING/REGISTRATION SERVICES  
**CALL JIMMY 805-705-4674**  
 LICENSED • BONDED • INSURED



## SECTION 11

### FUTURE MEETINGS AND EVENTS

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#### BOARD OF DIRECTORS MEETINGS

|   |                                      |
|---|--------------------------------------|
| Executive Committee: <b>Doria/Dixon</b> | November 12, 2024 – 12:30 p.m.       |
| Regular Full Board                      | November 21, 2024 – <b>8:30 a.m.</b> |
| Regular Full Board                      | <b>December - DARK</b>               |
| Executive Committee: <b>Doria/Dixon</b> | January 13, 2025 – 12:30 p.m.        |
| Finance Committee: <b>Loh/Feinberg</b>  | January 23, 2025 – 10:00 a.m.        |
| Regular Full Board                      | January 23, 2025 – 11:30 a.m.        |

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