



Camarillo Health Care District helps individuals manage ongoing health challenges, live better with chronic illness, and improve overall quality of life. Serving the area since 1969, Camarillo Health Care District is recognized as an innovative, award-winning model district throughout the State of California and the nation.

Health Promotion Coach: Under the general supervision of the Program Officer, the Health Promotion Coach, will provide long-term services and supports care navigation and management to high-risk community-dwelling clients (e.g., caregivers and their loved ones). Health promotion coaches provide ongoing support for the caregiver and at-risk client by creating additional access points that address the changing caregiving and client needs. The Coach develops and maintains a database for tracking and facilitating ongoing navigation and linkages that continue to educate, inform and support the caregiver and care partner throughout their evolving care journey.

Example of Job Duties

- Become certified and proficient in the principles of Boston University's CADER foundational programming focusing on delivering person-centered care management.
- Demonstrate flexibility in the delivery of care management and navigation services.
- Provides short-term, goal oriented, care management services that address the social determinants of health through a whole person comprehensive assessment (in-home or Caregiver Center setting) and develops Care Plan
- Evaluate clients and caregiver's social, physical and mental functioning through home visits, record reviews, and consultations with applicable agencies.
- Follow safety protocols for home visits.
- Communicate effectively with clients and/or their caregivers through listening, open-ended questions; paraphrasing; reframing and redirecting.
- Demonstrate person-centered focus and skill transfer techniques during intervention.
- Model and facilitate new behaviors and communication skills for patients and families.
- Coach clients toward self-management and achievement of their individual goals.
- Utilizes person-centered evidence-informed practices for caregivers caring for a person living with a form of dementia.

To Apply

<https://www.camhealth.com/join-our-team>

Camarillo Health Care District
Human Resources Department
3639 E. Las Posas Rd, Ste 117
Camarillo, CA 93010
805-388-1952 ext. 125

NOTE: The provisions of this bulletin do not constitute an expressed or implied contract. Any provision contained in this bulletin may be modified or revoked without notice.

The eligible list established from this recruitment may be used to fill current and future positions.

- Coordinate and refer clients to appropriate programs within the District, such as Adult Day Program, Senior Nutrition, support groups and evidence-based classes.
- Coordinate and refer appropriate clients in need of on-going well-being checks to the District's Senior Support Line.
- Coordinate and refer caregivers in need of support services to the District's Caregiver Center.
- Provide care navigation to clients and caregivers by referring those in need of outside support services to other local providers, to support safely aging in place.
- Conducts periodic assessment and documentation to measure the effectiveness of Care Plan
- Develops and maintains complete and accurate client files in compliance with best practices and any/all applicable laws
- Provide timely client data entry per departmental requirements, as well as preparing and maintaining reports as requested.
- Actively participate in Departmental Team meetings, as well as other committees as requested, for ongoing program development and improvements.
- Participate in the ongoing development of job knowledge relating to the growing body of practice of care transitions and LTSS case management, caregiver navigation, Alzheimer's and other related dementias, as well as other required trainings.
- Become certified in evidence-based programming offered at the District's Caregiver Center (and other programs as needed).
- Co-facilitates the District's Caregiver Support Group.
- Provides care consultations by appointment or by walk-in
- Attends appropriate community meetings to represent District services
- Participates in presentations at community meetings to promote District services
- Provides assistance and delivery of the District's Virtual Reality Program.
- Perform other duties as assigned.

Minimum Qualifications

- **Education:** Associate's Degree minimum requirement but Bachelor's Degree preferred in Sociology, Public Health, Psychology, Counseling, Health Sciences, Human Services or other related field that promotes the physical, psychosocial, and well-being of the persons being served.
- **Experience:** Experience working with older adults, those living with a form of dementia and/or caregivers and client data management. Training/proficiency in Care Management (can take place after hire). Knowledge of Caregiver stress and how it affects health. Ability to empathize. Must have up-to-date knowledge of, and adherence to, applicable laws and regulations concerning confidentiality, privacy, and protection of client health information. Excellent communication skills, ability to build personal rapport, and keen understanding of the concept of "person-centered" care and goals. Must be computer literate.

- **Physical Conditions:** sitting for prolonged periods; lifting and carrying not more than 30 lbs.; operating assigned equipment. Ability to stand at least three (3) hours per day; able to sit at least three (3) hours per day; climb stairs and physically able to travel.
- **Mental Conditions:** ability to work under pressure; ability to communicate tactfully and effectively verbally and in writing; ability to work independently; sensitivity to persons with special needs; ability to adjust and be flexible to changing working conditions and job structure which may alter the direction of daily schedule; and must be extremely organized.
- **Other Requirements:** Criminal records clearance. Must have own transportation for use on the job, valid California Driver's License, Auto Insurance, and acceptable DMV record

Compensation & Benefits

Hiring Range: \$23.00-\$25.00 per hour.

Work schedule : Full Time, 40 hours per week. Monday-Friday 8am-5:00pm

Attractive benefits package

- California Public Employees' Retirement System (CalPERS); CalPERS 457 Deferred Compensation plan
- Medical insurance plans offered through the CalPERS Health Program.
- Annual Accrual Rates: Leave accrual rates vary bi-weekly, based on years of service and weekly hours worked
- Holidays: The District observes 11 holidays per year.