



MINUTES

August 22, 2024

Regular Meeting of the Board of Directors

Camarillo Health Care District
3615 E. Las Posas Rd. Camarillo, CA 93010
Sequoia Rooms

Board of Directors - Present

Thomas Doria, MD, President
Neal Dixon, MD, Vice President
Paula Feinberg, Clerk of the Board
Christopher Loh, MD, Director
Lydia Dixon, PhD, Director

Staff - Present

Kara Ralston, Chief Executive Officer
Sonia Amezcua, Chief Administrative Officer
Blair Barker, Program Officer
Brandie Thomas, Clerk to the Board

Participants

Aleks Giragosian, Esq., *Colantuono Highsmith
Whatley, PC*

Participants

Rick Wood, *CSDA Financial Services*
Shalene Hayman, *Hayman Consulting*

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1. **Call to Order and Roll Call** - The Regular Meeting of the Camarillo Health Care District Board of Directors was called to order on Thursday, August 22, 2024, at 11:30 a.m., by Thomas Doria, President.
 2. **Pledge of Allegiance** – Director Loh
 3. **Amendments to the Agenda** - None
 4. **Public Comment** – None
 5. **Consent Agenda**

It was **MOVED** by Director Loh, **SECONDED** by Director Feinberg, and **MOTION PASSED** that the Board of Directors approve the Consent Agenda as presented.

ROLL CALL VOTE: Ayes: Doria, N. Dixon, Feinberg, Loh, L. Dixon Nays: Absent:

6. Action Items

8-A. Review/ Discussion /Action: Consideration, discussion, and approval of the biennial review of the District's Conflict of Interest Code. A local agency's conflict of interest code must reflect the current structure of the organization and properly identify officials and employees who should be filing Statements of Economic Interests (Form 700). To ensure conflict of interest codes remain current, each local agency is required to review its code at least every even numbered year.

It was **MOVED** by Director N. Dixon, **SECONDED** by Director L. Dixon, and **MOTION PASSED** that the Board of Directors approve the biennial review of the District's Conflict of Interest Code. No amendment is required.

ROLL CALL VOTE: Ayes: Doria, N. Dixon, Feinberg, Loh, L. Dixon Nays: Absent:

8-B. Review/ Discussion /Action: Consideration, discussion, and approval of restated Section 125 Cafeteria Plan. Health Premium Ad Hoc Committee recommends approval.

It was **MOVED** by Director Doria, **SECONDED** by Director N. Dixon, and **MOTION PASSED** that the Board of Directors approve the restated Section 125 Cafeteria Plan.

ROLL CALL VOTE: Ayes: Doria, N. Dixon, Feinberg, Loh, L. Dixon Nays: Absent:

8-C. Review/ Discussion /Action: Consideration, discussion, and approval of District Resolution 24-08, changing the employer contribution rate for health insurance premiums from \$790.00 to \$1,150.00. Health Premium Ad Hoc Committee recommends approval.

It was **MOVED** by Director Doria, **SECONDED** by Director N. Dixon, and **MOTION PASSED** that the Board of Directors approve District Resolution 24-08, changing the employer contribution rate for health insurance premiums from \$790.00 to \$1,150.00.

ROLL CALL VOTE: Ayes: Doria, N. Dixon, Feinberg, Loh, L. Dixon Nays: Absent:

7. 9-A. Closed Session – *The Board entered closed session at 12:12 p.m.*

1. Public Employee Performance Evaluation (Gov. Code 54957)

Title: Chief Executive Officer

2. Conference with Labor Negotiator (Gov. Code 54957.6)

Name of District Negotiator: Aleks Giragosian, General Counsel

Name of District Employee: Kara Ralston, Chief Executive Officer

9-B. Reconvene and Announcement from Closed Session – *The Board reconvened at 1:03 p.m. No reportable action.*

Pursuant to Government Code 54957.7(b) – The legislative body of any local agency shall publicly report any reportable action taken in closed session and the vote or abstention on that action of every member present.

8. Action Item

Review/ Discussion /Action: - Consideration, discussion, and recommendation from the CEO Performance Evaluation Ad Hoc Committee, that the Board of Directors approve the first amendment to the CEO Employment Agreement.

It was **MOVED** by Director Loh, **SECONDED** by Director Feinberg, and **MOTION PASSED** that the Board of Directors approve the first amendment to the CEO Employment Agreement.

ROLL CALL VOTE: **Ayes:** Doria, N. Dixon, Feinberg, Loh, L. Dixon **Nays:** **Absent:**

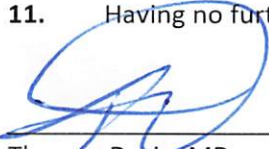
9. Emerging Opportunities

- No ideas submitted for discussion.

10. Reports

- Board President Comments – No comments.
- Health Insurance Premium Ad Hoc Committee – Committee study and recommendation has concluded with approval of Action Items 8-B and 8-C.
- Program & Opportunity Committee – No report.
- Healthy Camarillo Committee – CEO Ralston continues to meet with City of Camarillo officials regarding the collaborative Healthy Camarillo Initiative. The group reviewed a draft MOU explaining the concept. At the suggestion of the Board, City of Camarillo Mayor Tony Trembley will attend the September 26, 2024, meeting for a presentation.
- Board Member Comments – No comments.
- CEO Report
 - The BALANCEfit and POWERfit services of the Fall Prevention Program have received the Innovative Program of the Year award from California Special Districts Association (CSDA); the award will be presented at the CSDA annual conference in September 2024. This is the second consecutive year of winning this award in this category, and the 4th time in the last nine years.
 - City of Camarillo has granted \$40,000 in support of the Senior Nutrition Program.
 - The District has completed its workplace violence prevention plan in light of SB553 and will continue efforts toward training.
 - The Little Zoo program visited the Adult Day Center with a variety of animals for the participants to interact with

11. Having no further business this meeting was adjourned at 1:22 p.m.



Thomas Doria, MD
President